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As a complete health care resource for the people of Franklin County, our network includes practices with primary and specialty care. Our emergency department is designed to care for individuals with serious medical problems who can't wait to be seen by a private physician.

We are proud to be a part of the MaineHealth family. Our hospitals, labs, highly skilled physicians, providers and behavioral health specialists are committed to providing you with excellent coordinated health care.



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Improved Energy & Sleep Headaches & Migraines Anxiousness & Stress Sensory Processing Issues Back/Neck Pain & More!





Dr. Ella Coffren is excited to return to her hometown of Jay. A graduate of the Maine School of Science and Mathematics, Clark University and Logan College of Chiropractic she brings with her a dedicated passion to natural healthcare and serving her community. Foothills Chiropractic combines the latest technology with gentle and effective Neurologically Based Chiropractic care.

207-897-2332 259 Main St. Jay, ME 04239 \* Formerly Keiran Chiropractic

www.FoothillsDC.com
DrElla@FoothillsDC.com

# WELCOME TO COUNTY!

The Franklin County Chamber of Commerce welcomes you to the beauty of Central Maine and a place that we hope you will soon call a home away from home.

If you are visiting us for the first time, we invite you to enjoy all that Franklin County has to offer. If you are a long-time resident or a frequent visitor, we might offer you some new information about this beautiful area. Our region has so much to offer from magnificent natural beauty and charming history, all the way to warm, inviting local people.

Here in Franklin County outdoor adventure and recreational activities are waiting for you. Hiking, biking, fishing, boating, swimming, ATV riding, hunting, skiing, snowmobiling, and much more are available at your leisure, no matter your age.

Western Maine is blessed with more than 100 lakes and ponds and 10 mountain summits that are over 4,000 feet in elevation. Please be sure to stop and enjoy the natural beauty that surrounds us.

This Welcome Guide will lead you to many hours of family fun, cultural events, local businesses, and outdoor adventures. Franklin County has summer festivals, museums, art galleries, a college campus, shops, unique eateries, and much more to engage your senses.

We hope you enjoy your visit to the Western Foothills of Maine. The Chamber staff will do all they can to help make your relocation, or visit, a positive experience. Please call, e-mail, or visit the Franklin County Chamber of Commerce to learn more about our community. You may also be interested in visiting our website: www.franklincountymaine.org.

On behalf of the Board of Directors and the membership of the Chamber, we thank you for choosing to spend your time with us in Franklin County Maine!

-Angela LeClair
Board of Directors, President

Address: 615 Wilton Rd., Farmington, ME 04938 • Mailing: P.O. Box 123, Farmington, ME 04938

Phone: 207-778-4215 • Fax: 207-778-2438 | info@franklincountymaine.org • www.franklincountymaine.org

Serving the towns, townships, and unorganized territories of Greater Franklin County

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# FARMINGTON

# ART GALLERIES • UMF • SUMMER FEST DOWNTOWN SHOPPING • CHESTER GREENWOOD DAY

Farmington, the county seat and largest town in Franklin County, is known for its four-season recreation, retail district, and a vast array of cultural and educational offerings. The town has a broad selection of specialty shops, art galleries, restaurants, cafes, ice cream shops, a multi-screen movie theater, bookstores, lodging, and a busy college campus. You can spend the day shopping or enjoy the local culture at the University of Maine at Farmington's Art Gallery, take in a performance by the Sandy River Players, or visit the Nordica Homestead Museum.

No matter the time of year, Farmington has a reason to celebrate. Festivals in the downtown area occur every season offering fun, food, activities for people of all ages, and discounts at local merchants. Mid-September brings food, carnival rides, livestock, truck/tractor pulls and the demolition derby as the annual Farmington Fair gets underway. You can buy locally grown and locally made produce and products at farmers markets in the downtown area off Front Street and Main Street in the months of May through October. In the fall the farmers market moves indoors to the grange hall on Bridge Street for the winter.

Farmington's location in the western mountain foothills makes it easy to find outdoor activities to enjoy. Whether you choose a leisurely stroll, a more vigorous hike, biking, kayaking, canoeing, ice or open water fishing, skiing, ATVing, or snowmobiling, you have access to it all in Farmington.

There are several different options for walking in town with many trails from which to choose. Flint Woods, located on Anson Street, features nature trails and offers opportunities to spot wildlife. The Whistle Stop Rail Trail, located off Farmer Lane, features more advanced hiking and mountain biking opportunities. Winding through residential and woodland areas of Farmington, Wilton, Livermore Falls, and Jay, the trail is also available to ATV's, snowmobiles and horses.

Kayaking and canoeing are available on the Sandy River. There are multiple pick up and drop off locations available for short trips. For a longer excursion, you can start in Strong and paddle the 11 miles to Farmington. Titcomb Mountain offers affordable family-oriented winter fun with 16 alpine trails and 16 kilometers of cross-country trails.

Not only is Farmington family friendly, it is also a great place to have a business. In 2015 Farmington was designated "Certified Business Friendly" by the Maine Department of Economic and Community Development. For more information on Farmington or things to do in Farmington, contact the Franklin County Chamber of Commerce.



"IF YOU'RE NOT AT HOME PURCHASING YOUR NEXT NEW OR PRE-OWNED VEHICLE YOU'RE AT THE WRONG ADDRESS"

"WELCOME HOME"

FARMINGTON FORD

531 Wilton Rd. • Farmington, ME 207-778-3334 | farmingtonford.com

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# SPENDING THE DAY IN FARMINGTON

Farmington is a great place to spend some time. If you are new to the area, or a local, there is plenty to do all the time to keep you busy and entertained. If you could spend just one day, here is how to do it. Start the morning off with a nice breakfast, at any of our local eateries. If you have some time, enjoy a traditional breakfast menu, where you can find fresh fruit on top of delicious golden crepes, or classic diner atmosphere which plays host to hearty omelets and home-fries. Come downtown to our local coffee shop, where you can have a great bagel and a great conversation over a cup of the area's finest coffee.

After you eat, you could stick around the downtown area. Broadway and Main Street both feature an assortment of locally owned shops and businesses. If you're a more adventurous type, and depending on the season, you could check out Troll Valley Disc Golf course for some fun and challenging outdoor activities. Titcomb mountain is an awesome local ski hill for the winter season. The mountain features some intermediate level trails, and an incredibly friendly and inviting atmosphere. It is known as "the friendliest mountain in Maine". If you want to be outside but want to take it easy, Farmington has plenty of parks and walking trails, including Abbott Park and the Clifford and Bonney woods. The UMF Campus has two art galleries, and there is also the Nordica Homestead Museum in town if you're looking for some cultural exploration.

Finish off your day at any of the restaurants in town for dinner. From All-American classics to Mexican, Thai and Chinese, Farmington has plenty of choices for eating out and dining local. There is a movie theater in town with indoor cinemas and an outdoor drive-in so come catch a showing. For the night owls, Farmington has sports bars, pubs and a microbrewery to visit. Have a good time and grab a drink with friends!

Farmington is an interesting and friendly place. It is truly a culture and community which has been developed for many generations. We in the community are excited to get to know you!

# WILTON

# WILSON LAKE • SWIMMING • FISHING/CANOEING GOLFING • BLUEBERRY FESTIVAL

Located at the junction of Route 2 & 4, in the quiet foothills of western Maine, Wilton is the home of the prestigious Wilson Lake. Wilton is the best of what Maine's Lake and Mountain region has to offer. Traveling around Wilton, you'll be met with a warm sense of community, and the inviting aroma of freshly baked breads and treats. Wilton's downtown features locallyowned shops, restaurants, and libraries. The downtown is in the process of expanding, so there are new businesses excited to be a part of and provide for the community. Wilton's friendly community is just big enough for an intimate, small-town feel. Farmington is right up the road though, so you never feel too far away from any amenity. The town has a comfortable atmosphere with friendly people to meet, yet there is plenty of space to get out and enjoy all of the natural beauty the area has to offer.

One of Wilton's major attractions is Wilson Lake, which has something to give in every season. Fall offers up its magnificent foliage, where shades of red and orange surround the water everywhere you look. Every winter, Wilton's Fish and Game Association hosts an ice fishing tournament on the lake. Wilton also has an outdoor ice rink for more winter time fun. In the spring enjoy a picnic at Bass Park where there are swings and a jungle gym. Kineowatha Park offers kayak and paddleboard rentals on Wilson Lake, as well as a disc golf course! In the first weekend of August, Wilton will host its 37th annual Blueberry Festival. It features unique events and an opportunity to come together and celebrate the region's heritage and culture with many options for good food and fun activities.

Just before dusk while walking or kayaking around Wilson Lake, the smell of crackling campfires accompanies the loon songs as the sunset pours over the foothills. Locals to the Wilton area boast about the phenomenal sunsets over the mountains seen from the lake. After spending a couple of evenings in Wilton, you will see the excitement for yourself.



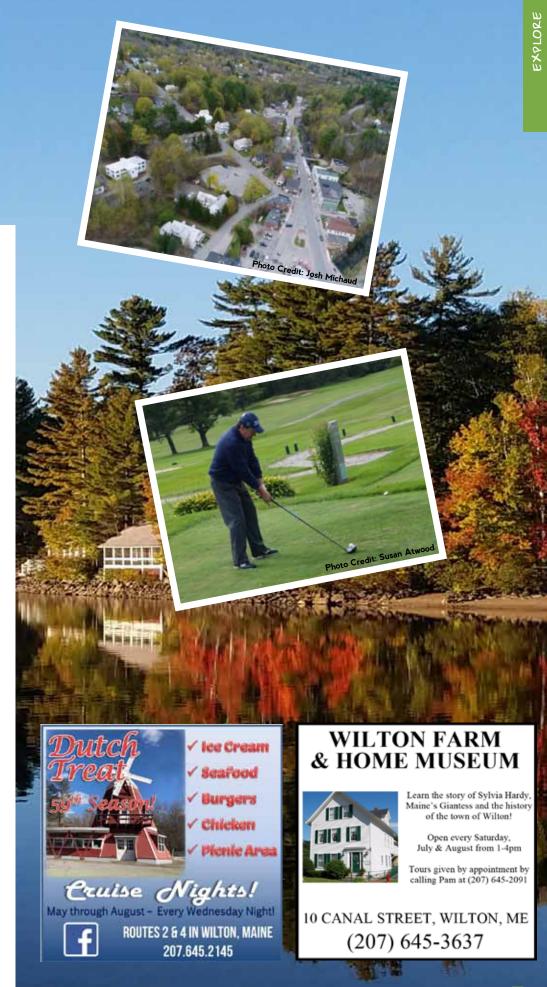
Wilton is home to many time-honored locations. Though these classics will always be a part of the culture of Wilton, the town has been working on adding some brand new features. In the past couple years, Wilton has introduced new recreational activities as well as new restaurants to enjoy.

Just a short walk downtown and you'll see a bakery and coffee shop offering a wide variety of freshly-brewed coffee, baked goods and other assorted treats. You can also enjoy some ice cream at the new shop in town. This hip ice cream shop features wild concoctions at very reasonable prices.

There are also many fun activities to look for in Wilton. At Kineowatha Park, the Town of Wilton now rents kayaks and paddleboards on Wilson Lake. Now you can enjoy the wonderful Wilson Lake for the day, courtesy of the Wilton Recreation department. Kineowatha Park has disc golf, so bring some friends and explore the Maine woods in Wilton, on a new disc golf course.

After a long fundraising process, the Western Maine Play Museum is now open. This fun family destination has been in the works since 2014 and is now open to the public for you to explore and play around in a wonderful new learning environment especially designed for children.

Wilton has many familiar attractions and with the additions of these new activities and shops, there is even more to enjoy. The beautiful area plays host to all of these attractions, both new and broken in.



# KINGFIELD

# ART WALKS • MUSEUMS • IRA MOUNTAIN HIKING • KINGFIELD POPS

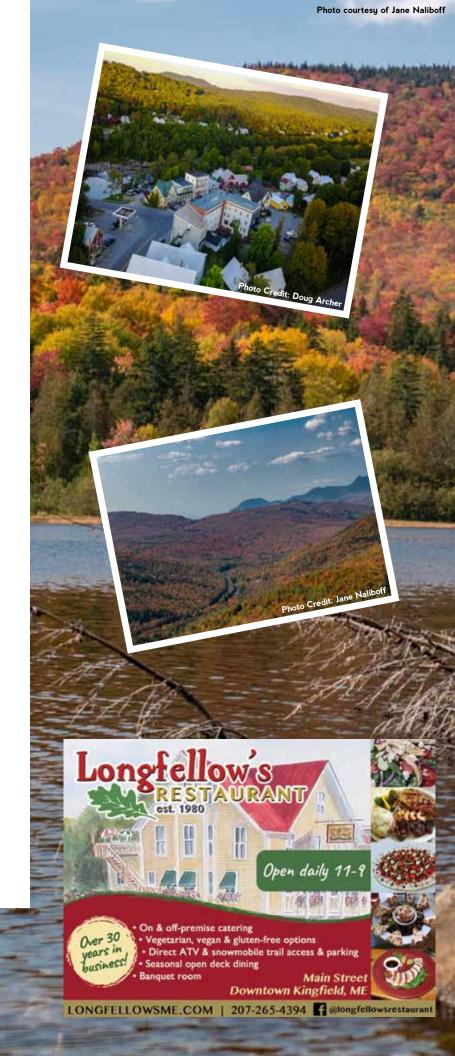
Ingfield is a charming historic town nestled in the foothills of the Bigelow and Longfellow mountain ranges. It sits along the Carrabassett River and Route 27 in northern Franklin County. The town has a selection of retail and specialty shops, galleries, restaurants, cafes, lodging, schools, and churches.

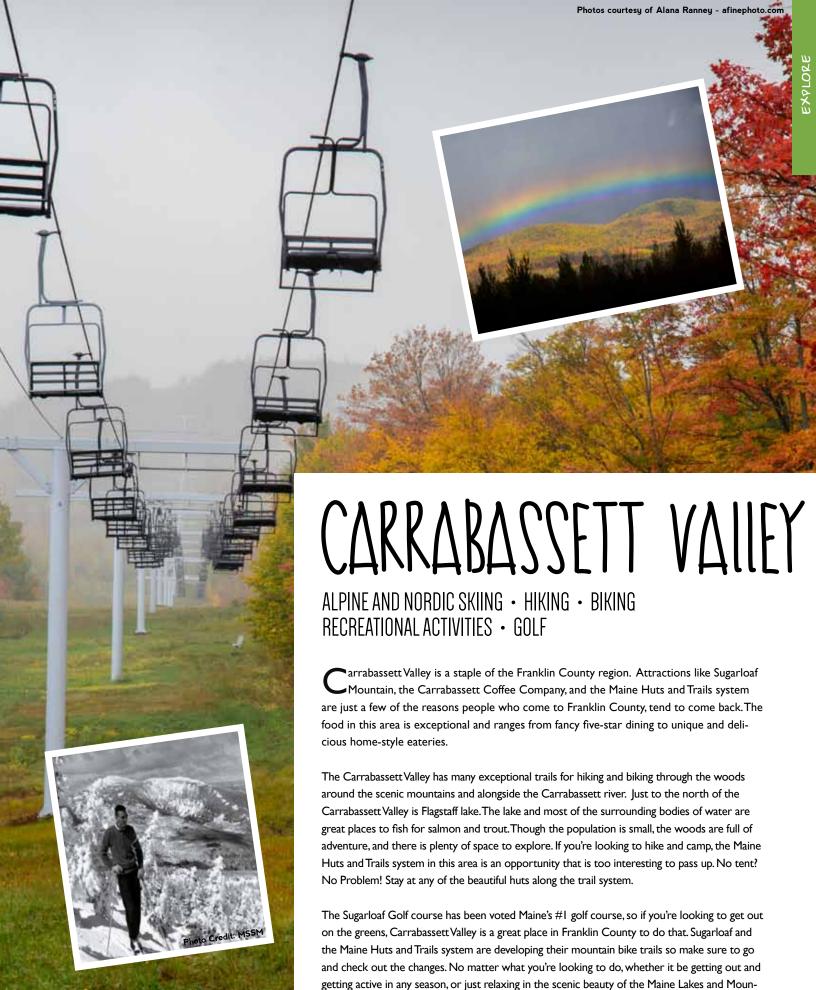
Kingfield hosts art walks on the first Friday of each month, where local artists and crafters get together with the community to celebrate art. In the summer month of July, Kingfield Festival Days is a three-day event celebrating the community through art and music. Kingfield POPS is another exciting event to celebrate the summer. Explore pieces of Kingfield's history by visiting the Stanley Museum or the Ski Museum of Maine. You can learn more about these cultural hubs in our museums section starting on page 35.

Outdoor recreational activities are a large part of living in Kingfield and serve as a major attraction to the area. If hiking, hunting or skiing interest you, you'll find Kingfield a welcoming community. Kingfield's proximity to the Carrabas-sett Valley gives you easy access to Sugarloaf—the largest ski area east of the Rocky Mountains.

Carrabassett Valley is an entry point for the Maine Huts and Trails system. Whether you are on foot, bike, snowshoes, or skis, this year-round trail system gives outdoor enthusiasts a chance to explore the outdoors and offers four locations to stay if you decide to extend your day trip. If you enjoy maneuvering the lakes and streams, the Kingfield area offers many opportunities for boating and fishing. Guided fishing trips are available through Western Mountain Fly Fishing and Kingfisher River Guides.

While enjoying the seasonal activities, you are sure to see some of the wildlife in the area. It is not unusual to see moose, deer, wild turkeys, fox, and other wildlife along the roadsides or hawks and eagles soaring through the sky.





tains region, you won't have to go further than Carrabassett Valley.

# PHILIPS

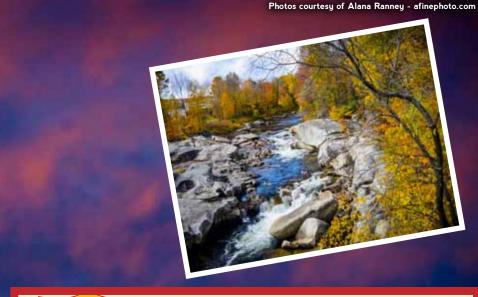
## SANDY RIVER & RANGELEY LAKES RAILROAD • OLD HOME DAYS FLYROD CROSBY TRAIL

hillips is a small town known for its railways and exceptional sense of community. Visitors to the town are drawn to the Sandy River and Rangeley Lakes Railroad and the Heritage railroad, which are two of northern Maine's signature narrow gauge railways. The area has museums and historical spots to explore and of course the scenic beauty that Maine is known for.

The Fly Rod Crosby Trail, a 45-mile heritage path, runs from the town's old car barn to Rangeley's Saddleback Mountain. The Trail is named after Maine's first officially licensed guide, who was born in Phillips. Within minutes of the town center is the famous glacial erratic, Daggett Rock. Also just outside of town are the Smalls Falls' tumbling series of cascades.

Phillips hosts a summer series of Celtic Concerts by internationally known bands, its famous fall "Scarecrow Reunion," and the town's signature event, Old Home Days, a week of activities in August that attracts several thousand people to the town.

The Phillips area has a library, a community center, an active arts society, several civic organizations, a farmers' market, antique shops, cafe, and a large supermarket. The town supports dozens of small home-based businesses, skilled artisans and a variety of service providers. A small town and an out-of-the way place, perhaps, but Phillips shows daily proof that the spirit of community and love of home is alive and well in the mountains of Western Maine.





# Sandy River & Rangeley Lakes RR

128 Bridge Street Phillips ME 04966

### Take a train ride back into the history of Franklin County on the County's unique narrow gauge railroad

Nineteenth Century Phillips was a busy stop on the Sandy River Line. The railroad had its shops and car repair sheds just across the river. Today your visit will enthrall you with our restored equipment and a one hour guided tour an unforgettable ride back into history!



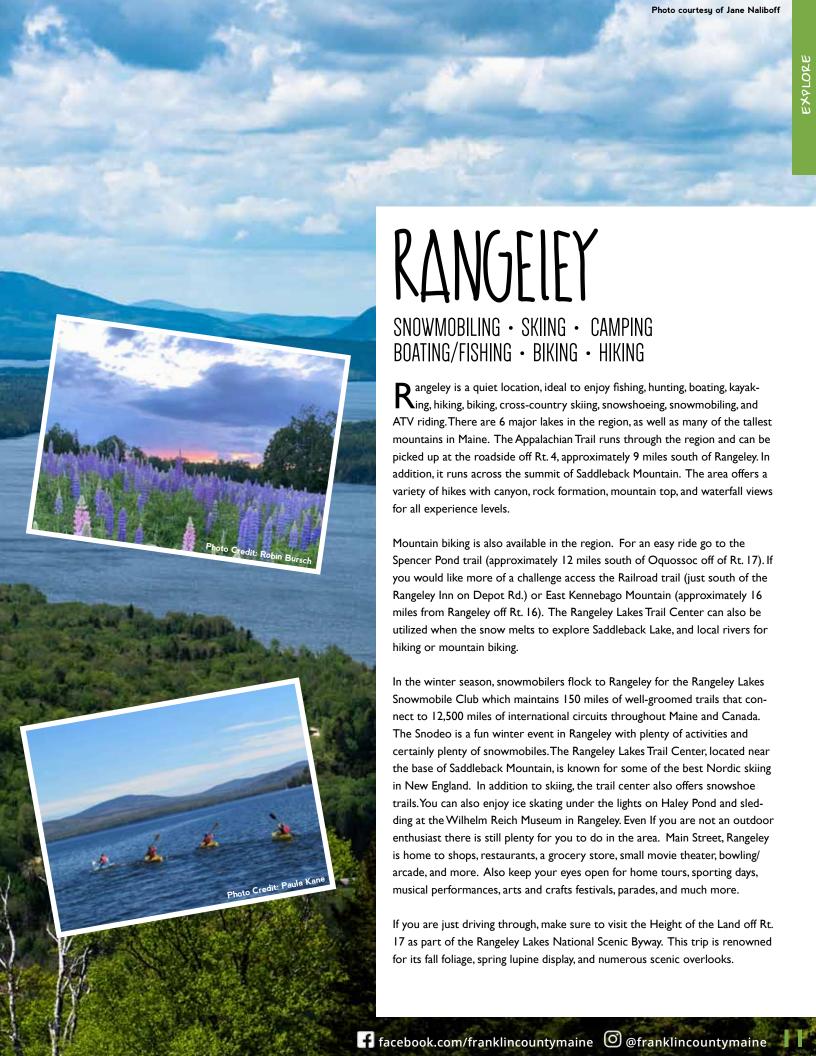


A visit to www.srrl-rr.org and a check of our interactive schedule will help you best plan your visit









# WELD

# MT. BLUE STATE PARK • CROSS-COUNTRY SKIING HIKING • WEBB LAKE • SNOWMOBILING

hen you think of a picturesque lake, what does it look like? Is it surrounded by beautiful mountain scenery? Is it quiet, with only the sound of gentle waves rolling onto the rocky shore, or a loon call? Is the water fresh and clear? If any of this is resonating with you then the town of Weld is the place for you to visit. Webb Lake in Weld is the premier destination for kayakers, fishermen, and boaters. The small lake is constantly being filled by the surrounding mountains and streams so the water is incredibly fresh and cool for all sorts of fish including trout and land-locked salmon. In the evening, looking out across the lake, enjoy the absolute tranquility of Maine as the breathtaking stars sparkle over the water's glassy surface.

In the morning, the sunrise pours through the valley between Mt. Blue and Bald Mountain. You won't find this sort of rustic beauty anywhere else. Speaking of the mountains, Weld is a great place to be outdoors. With mountains in the area such as Mt. Blue, Bald Mountain, Tumbledown, and the Jackson Mountains, you can always find the perfect hike with rewarding views at the top.

Mt. Blue State Park has 25 miles of multi-use trails so whether you're looking to walk, ride, or cross-county ski, you can do it all in Weld. Mt. Blue State Park is Maine's largest state park, encompassing 8,000 total acres. A campground in the Webb Beach section has 136 wooded sites. Abundant outdoor recreational opportunities abound as visitors can swim, launch and rent boats, and walk on trails near the lake. During summer months, park staff routinely offer canoe trips, walks, and nature programs; along with a Nature Center featuring hands-on exhibits and displays. For more information on the hikes or the Mt. Blue State Park, check out the activities section starting on page 14.





# EUSTIS ! STRATTON

### SNOWMOBILING • BIGELOW PRESERVE • FLAGSTAFF LAKE

he Town of Eustis is comprised of two villages, Eustis Village and Stratton. They are located on the High Peaks Scenic Byway (Rt. 27). The population here is roughly 620. This community is made up of small business owners and folks who make the most of living in Northern Franklin County.

There are some major attractions to this area: The Bigelow Preserve and the Flagstaff Lake. The Bigelow Preserve offers hiking trials with fantastic bird watching opportunities, as it climbs above 3,000 feet. If climbing Bigelow Mountain be prepared for a vigorous and at times strenuous hike that will last an entire day.

The Flagstaff Lake is a 20,300 acre impoundment that is quite shallow and was established by the damming of the Dead River. The Long Falls Dam enlarged the lake and turned it into a reservoir used for hydropower electricity in 1950. There is boat public boat access just north of Stratton and private tours of the lake are offered if you are so inclined. Flagstaff Lake is part of the Northern Forest Canoe Trail. The Northern Forest Canoe Trail is an historic 740 mile watertrail through New York, Vermont, Quebec, New Hampshire, and Maine.

The Moose Trail is a 138-mile regional ATV trail that connects the towns of Stratton-Eustis, Rangeley, Kingfield, Avon, Salem, Strong, Phillips and Madrid as well as other interconnected trails throughout Maine.

The Arnold Trail Snowmobile Club has some of the best groomed trails in the state and grooms 170 miles (one way) in and around Eustis and Stratton. The major trails connect with Rangeley, Carrabassett Valley, Grand Falls, The Forks and north to Canada. The area is part of the Black Fly loop, the largest loop trail in Maine.

In June, you can participate in the Family Fun Days in Eustis for fun family oriented Maine festivities. And in February, the Polar Blast Festival is a four day event and is the region's largest gathering for snowmobilers. Stratton and Eustis make small town living an art and a comfortable, welcoming place to visit.

# THE MAINE REASONS TO VISIT FRANKIIN COUNTY

# SKIING

Franklin County offers up some of Maine's most sought after mountains and runs, including the famous Sugarloaf Mountain Resort. While visiting for the winter, be sure to check out Titcomb Mountain as well for a more mellow trail. If you're looking for nordic skiing, there are dozens of peaceful wooded trails in the area, including six at Mt. Blue State Park.

# HKING

Franklin County was cultivated underneath 10 of Maine's 14 high peaks. Hikes in the area range from beginner, all the way to advanced. No matter the skill level or duration of the walk in the woods, the views are always spectacular and the climb is just as rewarding. Popular hikes include Tumbledown, Mt. Blue, Bald, and the Maine Huts and Trails system.

# CULTURE

Our region is filled with many cultural adventures. Downtown Farmington's community is quaint and ideal for getting out and meeting people. Enjoy shopping at many of the locally owned shops! Franklin County also has several museums including the Stanley, the Nordica Homestead, and the Farm and Home Museums. Franklin County has a flourishing community of artists, so there is something to see everywhere you look!

# SCENIC DRIVES

From spotting wildlife and interesting architecture to unspoiled natural Maine beauty, our scenic byways are the perfect way to experience the wonders of Maine. With many stops along the way, you will be able to experience all of the glorious sights Franklin County has to offer while driving our scenic byways. From sunrise to sunset there are always great photo opportunities along the way.

# RECREATIONAL ACTIVITIES

Franklin County is home to 10 of Maine's 4,000 foot mountains and hiking or walking is a great way to spend some time outdoors. Autumn leaves, the winter snow, the new green of spring and the heat of summer - you can go hiking during any season and find breathtaking views to enjoy in Franklin County. Take a few hours or a weekend and enjoy the variety of trails Franklin County has to offer.

The unspoiled mountain vistas, placid lake shores and majestic forests of Western Maine offer cyclists plenty of opportunity for sight-seeing, museum visits and hiking. How earmuffs, Stanley Steamers, the Narrow Gauge Railway, lumber, mountains and moose all contribute to the diverse and colorful heritage of Franklin County is explained at the many museums and historical societies along the route. This rich heritage, combined with world-class scenery, make these rides unforgettable.

Golfing in Franklin County includes country clubs and public golf courses that cater to every style of play. Some courses are encircled by lakes and rivers while others are nestled in the mountains with beautiful and unforgettable views. Come and discover the many treasured, pristine glacial lakes, ponds, rivers and streams throughout Franklin County. Freshwater

sandy beaches are abundant throughout Franklin County. What is there not to love about an easy refreshing dip in the pristine lakes, ponds and rivers amidst the lush green forest?

In the winter months Franklin County is home to uncrowded lifts and long ski trails with spectacular scenery and excellent snow quality. So whether you are hitting the slopes or the cross-country ski trails you are sure to have a great time. Enjoy another great part of winter in Maine: ice skating! Community outdoor skating presents the perfect opportunity to enjoy the winter season. Ice skaters of all ages and abilities are welcome. Fun on the snow is what it's all about! Each year, many snowmobilers find winter adventures on the Maine snowmobile system. Explore the state and enjoy the many winter festivals and events by using this system. Snowshoers are a special breed of winter hikers. Find yourself a simple pair of snowshoes and come explore our Maine winter wonderland. You will enjoy touring through our pine-scented forests, silent white meadows and trails running parallel to frozen lakes and rivers. You will find yourself immersed in a world of tranquility, beauty and adventure and every season offers you an abundance of new opportunities.



## **ATVING**

#### **MOOSE LOOP**

This ATV loop trail circles the heart of Franklin County, connecting the trail systems of seven clubs. The Moose Loop is 170 plus miles with the widest variety of trails available in the east - this is one loop you do not want to miss! It is suggested you plan 2 days to do this trip and stay overnight. Test your ATV on steep mountain trails, rocks, and mud holes or leisurely tour along trails in the woods and enjoy the scenery. Maine towns and villages can provide services and amenities for all your adventures.

#### WHISTLE STOP TRAIL

#### Jay, Wilton, Farmington

14 miles one way, four season, trail connecting Jay, Wilton, and Farmington, this section of the former broad gauge Androscoggin Railroad (later the Maine Central) has been converted into a multi-use, four-season rail trail for everything from walking, biking, snowshoeing, and cross-country skiing to horseback riding, dog sledding, ATVing, and snowmobiling. Following the gentle curves and slopes of the railroad bed, the trail is generally wide and flat making it ideal for easy walks or for travelling long distances.

The trail traverses a variety of landscapes including scenic views of Western Maine's foothills, forested wetlands, and rural farmland. Closely replicating the historic railroad setting, the trail also features several trestles spanning tree-lined streams and rivers. In Jay, old granite walls and culverts remain as testaments to both the railroad's legacy as well as to the nearby quarrying heritage of North Jay. A way-side exhibit details additional information about Maine and New Hampshire Granite Company that operated the quarries until the turn of the century. For more information about the quarries visit the nearby North Jay White Granite Park.

### **BIKING**

#### FRANKLIN HERITAGE TOUR LOOPS

#### Road Biking

Distance: 16-107-mile route

Level: Intermediate - experienced

Overview: Loop is ideal for a multi-day exploration of the lakes, mountains and heritage of Franklin County. Trail winds through Mt. Blue State Park, the Sandy River Valley and Rangeley Lakes Railroad. Enjoy wildlife habitats along the way as well as many museums and historical societies.

#### Webb Lake Loop

Distance: 16-mile Level: Intermediate

Overview: Leaves from the village of Weld and leads

you right to Mt. Blue State Park that has magnificent mountain scenery.

#### Strong- New Vineyard Loop

Distance: 29-miles

Level: Intermediate

Overview: Moderately hilly with one flat section along the Sandy River Valley.

#### Strong-Phillips-Weld-Wilton Loop

Distance: 54-miles

Level: Beginner - Intermediate

Overview: Mainly in the Sandy River Valley, has challenging hills with rewarding scenery.

Cautions: Heavy traffic in Farmington; narrow roads with no shoulders; logging trucks on RT 4 and RT 2. Watch for moose and deer. There are long stretches without services, so carry spare parts and plenty of food, water, and warm clothes for changeable weather

Starting point: Rides originate (except 16-mile option) from Maine Department of Transportation park and ride lot at the intersection of RT 4 and RT 2 in Farmington. Some spaces are designated for overnight parking. The 16-mile ride begins at the junction of RT 142 and RT 156 in Weld village.

## CARRABASSETT VALLEY Off-Road Biking

These are some bike loops in Carrabassett
Valley suggested by the folks that ride our trails. The ride time is based on the average for a rider of the ride's ability level. Trail numbers are in parentheses.
Ask around at the Carrabassett Bike Shop for more details on these rides or for other options.

#### Round the Pond

Level: Beginner - Start/End: Sugarloaf Outdoor Center Ride Time: 20-30 minutes

Overview:This introductory ride is perfect for the brand new rider who is getting the feel of a mountain bike. It circumnavigates the pond at the Outdoor Center, has very little climbing, offers a smooth trail. Loop: From the Outdoor Center start West (to the right looking at the pond) on Moose Bog Loop (103). Stay on the tread around the pond to the carriage road and head left back to the Outdoor Center.

#### Grassy Loop Excursion

Level: Beginner - Start/End: Sugarloaf Outdoor Center Ride Time: 60-90 minutes

Overview: This loop will give a dose of twisty, turning trails through the woods, some views of the Carrabassett River and some open single track with great flow. This is a great option once you've mastered the basics.

Loop: Across the parking lot from the Outdoor Center find the Snail Trail Loop (101). Start around in either direction but take the Route 27 Connector (102) across Route 27 (use caution crossing the road). Proceed over the bridge and left on the Narrow Gauge (200). Old Gauge Trail (204) cuts the corner and gets you into the woods. Proceed on the Narrow

Gauge and around the Grassy Loops (201). There is an inner and outer loop to explore. Return to the Outdoor Center via the Narrow Gauge, Route 27 Connector and Snail Trail.

#### Speed Up, Flow Down

Level: Beginner/Intermediate Start/End: Sugarloaf Outdoor Center Ride Time: 45-60 minutes Overview: Steeper climb, some intermediate technical riding on the way down.

Loop: Proceed east on the dirt road portion of the Moose Bog Loop (103). Stay on the dirt road (Moose Bog will veer right off the road) and climb up past the warming hut on your left. Continue this ride past the lower entrance to T.O.A.D. (126) on your left and Fifty (116) to the upper entrance to T.O.A.D. Catch your breath and enjoy the ride down T.O.A.D. back to the dirt road. Scoot down to the warming hut and proceed right onto Jaba the Hut (110). Then take the dirt road back to the Outdoor Center.

#### Hut-to-Hut Loop

Level: Intermediate/Advanced -Start/End: Huston Brook Trailhead (by the airport) Ride Time: 4-6 hours

Overview: This loop ride will take you to two of the Maine Huts & Trails backcountry huts. These facilities serve snacks and beverages through much of the season and offer a place to rest and refill water containers. Do one or both individual loops in this figure-eight ride.

Loop: Proceed across the bridge from the trailhead and turn left on Houston Brook Road. In a very short distance, head right on the CRNEMBA Trail (302). Cross the Carriage Road to Poplar Stream Trail (304) proceed up, up, and up to the Poplar Stream Falls Hut. Rest up at the hut and then proceed down the hut access road to the Sticky Trail (305). Enjoy the rolling single track and fantastic views to the Carriage Road. Turn left back down into the Valley and right back onto the CRNEMBA Trail (302). You can stop at your car for supplies and then head up the Narrow Gauge (200) or the Caboose (209) to the Bypass Trail (307) to Cromits Overlook (309). After a long steady climb, turn right on Newton's Revenge for a short climb to Stratton Brook Hut. ride down Oak Knoll (310) will be a treat you'll not soon forget. [Exit Oak Knoll to the right on the bottom section of Newton's and reconnects with the Narrow Gauge] Enjoy the bliss with an easy ride down the Narrow Gauge or sample the many short single track trails that loop off the Narrow Gauge. Turn right at the bridge and back to your car.

#### TROLL VALLEY BIKING TRAIL

#### Red Schoolhouse Rd, Farmington

The Troll Valley Campground offers two loop trails especially designed for mountain biking but are also suitable for walking and hiking. The two trail loops are Tom's Challenge and the Maze, both of which leave from the back of the campsite lodge. Both trails are also are marked with white blazes (or posts along the edges of fields) and are one way trails. They wind along a single track over an old cross-country ski trail system, through the woods, and around the campground.

The Maze is the easier of the two loops and it weaves primarily around the camp buildings and tent sites. The upper loop, Tom's Challenge, ascends a more challenging hill which provides spectacular vistas in the spring

and in the fall when the leaves change color. Because the trails utilize the old cross-country ski trails as well as single track through forested areas, they can vary in width ranging from a wide cross-country trail immediately to a narrow path. The trailheads and ends for the loops are located close together, making it easy to create a longer three-mile loop.

The owners of the Troll Valley Campground maintain these trails free of charge to the public, but ask that visitors check in at the main lodge before and after using the trails for safety reasons.

### **GOLFING**

#### **EVERGREEN GOLF COURSE**

#### 522 Dallas Hill Road, Rangeley

The Evergreen Golf Club in Rangeley, Maine is a championship quality 9 hole course designed and owned by George Buck. Evergreen features 5 sets of tees on each hole to match any golfer's ability, practice greens, a driving range, full pro shop and affordable rates. Offering group and private lessons from a PGA member with over 25 years' experience, the course offers golf cart rentals, a driving range, practice area, putting green, and custom fitted golf club sales and is open during the summer.

#### **MINGO SPRINGS**

#### 43 Country Club Road, Rangeley

Situated in the beautiful Rangeley Lakes Region of Western Maine, Mingo Springs offers 18 holes of scenic golf, challenging and enjoyable for beginner and scratch player alike. Mingo is best played by angles, not by length. The course, while relatively short compared to many newer courses, is challenging for even the longest hitters because it rewards accuracy over power, at least most of the time. The front nine is more open than the back, but it also has many more hills.

#### **SUGARLOAF**

#### Route 27; Sugarloaf Access Rd. Carrabassett Valley

Sugarloaf/USA Golf Club is a spectacular championship golf course. The awe-inspiring 18-holes that make up the Sugarloaf Golf Club & Golf School have proven, for so many golfers, an unforgettable experience, punctuated by the rugged, demanding terrain that is the hallmark of mountain golf. Sugarloaf Golf Course has been voted Maine's #1 golf course.

#### WILSON LAKE COUNTRY CLUB

#### 320 Weld Road, Wilton

Wilson Lake Country Club, often called "the Best Nine in Maine", was created in the early 1930's in a classic ninehole layout that still sits today by the shores of Wilson Lake. More than a few who have experienced Wilson Lake Country Club comment on how it has retained much of its original character across over eight decades of play.



### HIKING & WALKING

#### **APPALACHIAN TRAIL TO PIAZZA ROCK &** SADDLEBACK MOUNTAIN

#### Rte. 4 Sandy River Plantation

ME Route 4 crosses the Appalachian Trail in Sandy River Plantation, 30 miles north of Farmington or 9 miles south of Rangeley. Park in the lot situated west of the highway. This is a popular moderate hike with interesting rock formations to explore at the end of the journey. This is a nice introduction to the outdoors and the Appalachian Trail for families and children to experience as an all-day outing. The overall elevation gain is about 450' with most of the work done in the beginning third of the hike. Piazza Rock sits at the base of the maiestic Saddleback Mountain Range. More experienced hikers will pass through the Piazza Rock site focused on the summit of Saddleback Mountain, a 4,130 feet summit, or the Horn, a 4,041 feet summit beyond.

Beginning from the parking lot on ME Route 4, the trail crosses the road and enters the forest opposite the parking lot. On your left, just prior to reaching the Piazza Rock Lean-To, is a 200 yard side trail which leads to the actual Piazza Rock. According to the geological notes about this area "The granite of Saddleback is jointed into huge building blocks. An unusually large one has slid out of its place in the mountain side and, instead of breaking and skating down the slope like the others, has balanced across another block to create one-half of a cantilever bridge, forming Piazza Rock."

#### **BALD MOUNTAIN**

#### Rangeley/Oquossoc

A great hike for families! Picnic tables are located at both the top and bottom of the trail. The Bald Mountain Trail is within the Bald Mountain Public Reserved Land located between the historic Rangeley and Mooselookmeguntic Lakes. It is only a mile from the trailhead to the summit. Hikers can enjoy panoramic views of the surrounding Rangeley, Cupsuptic and Mooselookmeguntic Lakes as well as Maine's Saddleback Mountain, Elephant Mountain, the Height of Land, and New Hampshire's Mount Washington in the White Mountains. This trail is especially popular in the fall when the autumn colors are in full swing and moose and deer are commonly seen crossing the forested slopes.

Follow ME Route 4 about a mile west of its intersection with ME Route 17 in Oquossoc Village, Rangeley. Near the end of ME Route 4. turn left onto Bald Mountain Road. Continue on Bald Mountain Road for about 0.5 miles. Signs and parking for the trailhead will be on the left. The trail leaves from the parking lot. Summit height: 2,443 feet

#### **BLUEBERRY MOUNTAIN TRAIL**

#### Township 6 North of Weld

This hike is an uphill, often steep, climb to the top of Blueberry Mountain where hikers are rewarded with 360 degree views of the Maine High Peaks Region from Blueberry Mountain's summit. At 2890 feet in elevation, Blueberry Mountain is one of the lesser known and hiked trails in the Weld region. However, the summit offers some of the best views of the Maine High Peaks Region. On a clear day hikers can see the nearby peaks of Jackson, Tumbledown, Bald, and Mt. Blue, as well as more distant peaks including, Saddleback, Spaulding, Mt. Abram, North and South Crocker, Sugarloaf, and on very clear days the Bigelow Mountains Range and Mt. Washington in New Hampshire.

From South: At the intersection of ME Route 142 and 156 in Weld, head north on ME Route 142 toward Philips about 3.8 miles until you see a sign on the left indicating the entrance to the Blueberry Mountain Bible Camp (a dirt road). Turn on to this road and drive uphill for almost 1.5 miles. The road ends at the Bible camp buildings (look for Diradoudian Lodge) where there is plenty of room to park your car.

#### **BONNEY POINT TRAIL**

#### Rangeley

Bonney Point Road off Rte. 16

The Bonney Point Trail is an easy one-mile loop; a short side trail leads to Smith Cove on Rangeley Lake. There are several picnic spots and it hosts diverse habitats for song birds, wading birds, amphibians, beaver, bear, and deer In late summer, the fields produce wildflowers and berries.

#### **BONNEY WOODS WALKING TRAILS**

#### Farmington

From ME Route 4/ME Route 27 (Main Street) in downtown Farmington, turn onto Anson Street on the north side of the Franklin County Courthouse. Continue on Anson Street 0.3 miles up Anson Street Hill to the parking turnout on the right marked with a green sign.

Easy walking trails weave through giant trees, around a vernal spring at the center of the stand, and over fern covered undergrowth in the spring and summer. These trails are used frequently by community members, and it is not uncommon to see "fairy" homes built by locals or nature classes from the nearby elementary school and university using the woods. These trails are particularly attractive in the morning and evenings when sunlight slants through the trees highlighting much as columns in a cathedral. In the winter, snowshoers and cross country skiers often will break out paths for walkers



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#### **CENTER HILL NATURE TRAIL**

#### Weld - Center Hill Road

The Center Hill Nature Trail is an easy half mile loop and self-guided nature trail in the heart of Mount Blue State Park. Leaving directly from the picnic area, this trail loops through mature soft-wood, oak, and mixed forest stands before returning back to the parking area. Breathtaking views of the Weld region, including Tumbledown, Blueberry, and Jackson Mountains, Mount Blue, and Weld Lake can be seen from several places along the trail including the picnic area and Center Hill Ledges. A selfguided nature trail and fantastic views make this a unique, worthwhile, and family-friendly experience. Picnic area and parking open hours are 9:00 am to sunset.

Dogs must be leashed, and owners must clean up after their pets. Pets may not be left unattended. Mount Blue State Park Manager: 299 Center Hill Road Weld, ME 04285. Phone: (207) 585-2261

#### **CASCADE STREAM GORGETRAIL** Rangeley

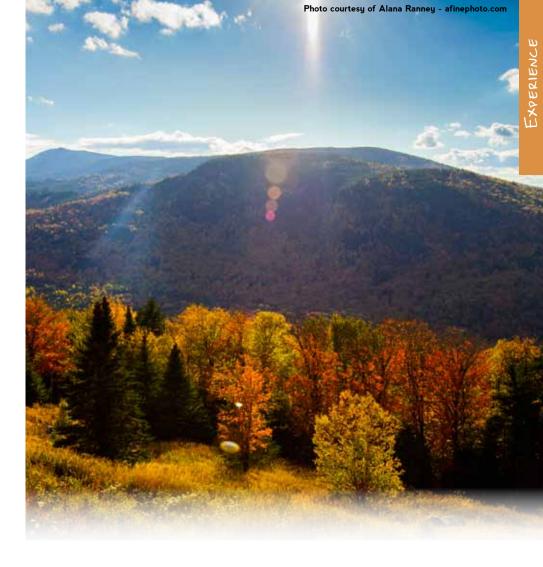
This short trail leads into the 90-foot deep gorge of Cascade Stream providing access to a series of waterfalls and chutes. The trail leaves from the south side of the parking area and is marked by white blazes. There are several good viewpoints of the stream and falls along the trail which at several points follows the bedrock on the side of the gorge. A higher trail away from the stream offers a loop opportunity. Picnic tables can be found at the parking lot and at the power line. The stream great in the summer months to cool off and escape the summer heat. One mile loop trail offers excellent scenery, wildlife viewing, and picnicking opportunities as it follows the gorge of Cascade Stream to a series of beautiful waterfalls.

Route 4 North. At the intersection of South Shore Drive and Cascade Road with ME Route 4 in Sandy River Plantation. Take a right onto Cascade Road. After about 100 yards the road ends at a T-intersection with Town Hall Road (the town hall is straight ahead). From here, take a left and then an almost immediate right (look for a Rangeley Lakes Heritage Trust marker in trees). Go up the steep driveway, bearing right, to the parking area and trailhead.

#### **CATHEDRAL PINES**

#### Eustis/Stratton

Cathedral Pines Pathways offers easy all purpose trails through magnificent towering pines and a boardwalk which traverses a bog with spectacular views of the Bigelow Range. The trails pass through a grove of mature red pines that-in contrast to the low and sparse undergrowth—lend a cathedral-like quality to the forest. The trails are marked only at intersections by colored boards but are easy to follow; most are well-worn or follow unused logging roads or, in a few cases, ATV trails.



From the Intersection of ME Routes 27 and 16 in Stratton Village (Town of Eustis), drive about 3.5 miles north on ME Route 27. The parking and trailhead for Cathedral Pines Pathways is on the left at the intersection of ME Route 27 and Eustis Ridge Road.

#### **FLINT WOODS WALKING TRAILS**

#### **Farmington**

This network of forest trails offers easy to moderate terrain for year-round, non-motorized use. Explore the many trails to find old wells, vernal pools, scenic overlooks and more, only a few blocks from downtown Farmington. Scenic overlooks are impressive and multiply as fall foliage drops to reveal views of Mt. Blue, its surrounding northwest foothills and the Sandy River valley. Sunsets from the Box Shop Hill summit area can be spectacular.

From Route 4/27 (Main Street) in downtown Farmington, turn right onto Anson Street on the north side of the Franklin County Courthouse. Continue on Anson Street 0.5 miles up Anson Street hill to the parking area turnout on the left, which is marked with a green sign. You will also spot a larger, yellow Powder House Hill Trails kiosk including a map and information. Flint Woods and Village Woods are about an eighth of a mile beyond the Bonney Woods parking area which is on the right.

#### **FLY ROD CROSBY TRAIL**

#### Philli<sub>Ds</sub>

The Fly Rod Crosby Trail is a 45-mile heritage hiking trail that when completed will wind its way from Strong to Oquossoc along the Sandy River, Orbeton and Hardy Streams across the Appalachian Trail and Rangeley Lake to the Sporting Heritage Museum. Currently there are two sections open, comprising over 20 miles of continuous trail. Phillips to Madrid Section: This 7-mile section of the trail with its flat to rolling to briefly strenuous terrain begins in historic downtown Phillips, crosses the Sandy River and follows abandoned railroad beds along the river to the Orbeton Stream in Madrid.

Madrid to Saddleback Section: This 13-mile section of the trail with its moderate to strenuous terrain follows the Orbeton and Hardy streams and crosses the Appalachian Trail on the western shoulder of Saddleback Mountain terminating near the base lodge of the ski resort.

#### **FOOTHILLS LAND CONSERVANCY**

#### Wilton

The Foothills Land Conservancy offers an easy walking trail one mile loop with great wildlife viewing along fields leading to the northern inlets and wetlands of Wilson Pond. Trail walkers can continue around the edge of the

southern field to make a walking loop with a total distance from the kiosk and back of about a mile. Visitors are welcome year round. The parking area is plowed during the winter. Skiing is also possible on the ITS snowmobile trail which intersects the foot trail at the trailhead. Route 156 in Wilton, follow ME Route 156 north 3.5 miles to Pond Road on the left (2.4 miles from ME Route 156 and Main St intersection in downtown Wilton). Follow Pond Road approximately 300 yards. Parking for the Foothills Land Conservancy will be on the right and the trailhead will be on the left.

#### KINEOWATHA PARK

#### Wilton

Kineowatha Park's trails wander through old pine forests, along the shores of Wilson Lake, and connect the various recreation areas in the park. This short network of trails provides easy and relaxed walking as well as picnicking and swimming. The trails are not marked, but are well-worn and are easy to follow. The southern loops leave from the parking area near the picnic tables and empty onto the beach. The northerly loop exits the beach beyond the docks and curls behind the athletic fields.

From the intersection of Route 2 and Route 4 in Wilton, drive about 0.5 miles west on Route 2 to Main Street. Turn right onto Main and drive about 0.3 miles into downtown Wilton. Just after the Civil War monument in the main square, turn left onto High Street. Kineowatha Park is approximately one-half mile on High Street on the left.

#### MT. BLUE STATE PARK- MT. BLUE TRAIL Weld

The Mt. Blue Trail offers a challenging 2.8 mile hike with rewarding scenic views of the mountains surrounding Weld and Webb Pond. This is a popular hike in any season including winter. About a mile from the trailhead a former fire warden's cabin provides a place for rest and shelter. The remains of an old fire tower are also at the summit. At the top of Mt. Blue, the summit provides many great views of the picturesque Weld area. At 3,187 feet, Mt. Blue is not the tallest mountain in the Weld area, but it is probably the best known peak in the region. Visible for many miles to the south, it is surrounded and protected by Mt. Blue State Park.

From South: At the intersection of Route 156 with Route 142 in Weld, proceed easterly onto Center Hill Road. Center Hill Road takes a slight left about 0.5 miles from the main roads; follow the signs for the Center Hill Trails and for parking. Continue past the park headquarters and Center Hill Picnic Area for another 3.0 miles on Center Hill Road until you reach another fork in the road. A sign indicates Mt. Blue Trail and parking by bearing right onto Mt. Blue Road. Follow this road for about 2.5 miles bearing right at the logging road roughly 1.8 miles from

the main fork-to the end where the trailhead and parking are located.

#### **TUMBLEDOWN & LITTLE JACKSON** Weld

Moderate/Advanced, 10.6 mile trail network in the Weld region of Maine accesses some of the most interesting features and most spectacular views of the Western Mountains Region of Maine. The Tumbledown Mountain and Little Jackson Mountain trail network is composed of six trails and two official trailheads and provides advanced hiking to some of the most unique features in Western Maine. Tumbledown Mountain is not the highest mountain in this area, but with three peaks, 700-foot cliffs and a pond (or mountain tarn) near the summit, Tumbledown stands out amongst its taller rivals.

Several trailheads begin on Byron Road near Weld and views include Crater Lake just below the summit. Outdoors writer Josh Christie talked about Tumbledown in a story for the Portland Press Herald: "Many of Maine's hikes allow access to dramatic cliff faces, Alpine ponds, bald ridges and closely-clustered peaks. One reason that Weld's Tumbledown Mountain is my favorite hike in the state is because it offers all these features in one place." Little Jackson Mountain is part of the same range as Tumbledown Mountain, but its higher elevation and ledges offer a different perspective. From the 360-degree view on the summit one can see Saddleback and Sugarloaf to the north, Mount Blue and Webb Lake to the East and to the south, some 600 feet directly below the peak, Tumbledown Pond. Each trail may be explored separately as a day hike, although many experienced hikers prefer to string several trails together into a larger loop.

From East: From the intersection of ME Routes 156 and 142 in Weld, follow ME Route 142 north 2.3 miles and turn left onto Byron Road. Shortly after the turn, Byron Road is unpaved; continue to follow Byron Road approximately 5.6 miles (past the Brook Trailhead) to the Loop Trailhead pullout which will be on the right. (Byron Road changes its name to Weld to Byron Road.)



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# WINTER ADVENTURES

## ICE SKATING

#### **FARMINGTON RECREATION** DEPARTMENT ICE RINK

Hippach Field Skating Rink: Intervale Rd. Farmington

This versatile skating rink opens between December 26th and January 1st lasting until around March. The Field House features a heated restroom, microwave, hot water percolator and a cold water cooler/dispenser. There are a variety of accessories, games and sports equipment available including stacking crates to assist a person learning to skate, fluorescent cones for skating games, Pillo Polo sticks, indoor games and more.

For more information contact the Farmington Recreation Department Office at 207-778-3464

#### SUGARLOAF OUTDOOR CENTER

3001 Touring Center Road, Carrabassett Valley The Outdoor Center boasts an NHL sized rink and a full line of ice skate rentals for children and adults alike. The rink typically opens for the season in mid-December and remains open until mid-March. They offer pick-up hockey on Tuesdays and Thursdays from 5-8pm. For more information call 207-237-6830.

#### WILTON RECREATION DEPARTMENT **ICE RINK**

#### Kineowatha Park - High Street, Wilton

Located in the beautiful Kineowatha Park, this ice rink is open – weather permitting - from December 25 through February 16. The warming shack features a heated rest room, benches, skates available to rent, free for kids and adults, hot chocolate and first aid supplies. For hours or to book an event call Frank Donald, the Recreation Department Director, at 207-645-4825

### **SKIING** (ALPINE & NORDIC)

#### MT. BLUE STATE PARK

Center Hill Road, Weld

Mount Blue State Park's cross-country ski trails give you an opportunity to see some of the more remote areas of the park in winter's splendor. Six trails ranging in length will take you through forests, fields, and old farmlands. Ranging from a half mile to 10 miles in length, the Mount Blue State Park Ski Trails offer a wide variety of groomed classic track for crosscounty skiers of all abilities. Trail descriptions are as follows: colors correspond to on the ground markers and to colors on the brochure available at the Center Hill parking area trailhead.

#### Central Trail (0.5 miles, marked in yellow):

Starting at park headquarters, this trail connects to all others, except the pine trail. It leaves the parking area through an apple orchard and follows an old power line for a short distance.

#### Birch Trail (2 miles, marked in blue):

Leaving the Central Trail, the Birch Trail crosses the road into a wood yard, and then loops around a ridge through hardwood and evergreen forests.

#### Maple Trail (10 miles, marked in red):

This extensive trail traverses a wide variety of terrain and passes through fields, old farmlands, and several types of forest. Plan ahead and allow plenty of time to complete this long loop, or use the suggested turnaround points for shorter trips.

#### Fox Trail (0.5 miles, marked in orange):

This short loop off the Central Trail also connects with the Moose Trail. It traverses a section of old farmland now grown up into trees.

#### Moose Trail (I mile, marked in green):

Leaves and returns to the Central Trail. The Moose Trail tours a harvested hardwood forest and a red pine plantation.





#### Pine Trail (I mile, marked in brown): Two short loops that leave from the Moose Trail. Travel in a clockwise direction to avoid steep grades.

#### **MAINE HUTS & TRAILS**

Carrabassett Valley (Kingfield Office at 496 Main Street, Kingfield)

Maine Huts & Trails offers one of the most unique

Nordic and backcountry skiing experiences in the northeast. Maine Huts & Trails grooms over 45 miles of cross-country ski trails for both classic and skate skiing. Skiers are invited to come into a hut for lunch or plan a multi-day hut-to-hut adventure.

Maine Huts Trail is groomed for backcountry skiing. Grooming is not intended to be touring center quality. Trail may only be groomed once per week. Conditions can be particularly challenging during or within 24 hours of a snowstorm. Backcountry skis with edges are recommended. Skate and classic skis are suitable only when trail conditions allow.

#### RANGELEY LAKESTRAILS CENTER 524 Saddleback Mountain Rd, Rangeley

Located beside Saddleback Mountain, Rangeley Lakes Trails Center has 34 miles of mapped trails for cross-country skiing and snowshoeing. In the winter the ski trails offer the full spectrum of ability levels and plenty of terrain to enjoy a day on the trails without getting bored!

There are dedicated single-track trails that offer a scenic day of snowshoeing as well. Picnic tables are placed in strategic spots, as noted on the map, for resting and refreshing in all seasons. In winter, dogs are welcome on weekdays and only on the Geneva Bog trail.

#### SUGARLOAF/USA

#### 5092 Access Road, Carrabassett Valley, ME

Sugarloaf is Maine's second highest peak at 4,237 feet. and offers the only lift serviced above-tree line skiing in the East. With an impressive 2,820 feet vertical drop, it rivals many of the Rocky Mountains. Sugarloaf/USA also boasts 129 trails and glades (one that stretches 3.5 miles), snowmaking on most of the mountain and 15 lifts. Nestled at the foot of Sugarloaf/USA is a true Nordic village with more than 40 restaurants and shops including: grocery stores, ski and snowboard shops, specialty shops, real estate offices, a laundromat, two health clubs, and an art gallery.

#### SUGARLOAF OUTDOOR CENTER

#### 3001 Touring Center Road, Carrabassett Valley

With 90km of marked, maintained, and patrolled trails, the Outdoor Center is Maine's largest Nordic center. Trails are maintained for both classic and skate skiing, and offer some of the most unique and spectacular views of Sugarloaf. Enjoy the solitude of the Maine woods in the winter and explore new locations! For more information call 207-237-6830.

#### TITCOMB MOUNTAIN SKIAREA

#### 180 Ski Slope Road, West Farmington, ME

The 750-foot slope with 350 vertical features 16 alpine trails for all skill levels, from beginner to expert, including a terrain park for skiers and riders. They offer a great beginner trail with a handle tow and a gentle slope. Their snow making covers 70 percent of the alpine trails and night skiing is available on Wednesday and Saturday nights. Feel like something different? They offer over 16 kilometers of beautiful cross-country trails for all levels from beginner to expert. The trails are groomed for both classic and skate skiing and meander from fields through woodlands. They also have 2.3 KM lit for night Nordic skiing.

Titcomb Mountain is affordable and family-oriented. They offer full and half-day tickets as well as season passes with Farmington Ski Club membership. Age 5 and under and 70 and over ski for free. Children's lesson programs are available after-school and on Saturdays. Private lessons are available for adults and children on weekends or during holiday weeks. Ski and snowboard rental equipment are available on-site from Northern Lights Rental Shop. The Titcomb Mountain Lodge offers a large stone fire-place and a cafeteria offering home-cooked items, as well as an outdoor patio and fire pit.

Titcomb Mountain is known for a handful of unique and traditional events. As the ski season winds down into spring skiing in the month of March, Titcomb keeps things interesting with their Dummy Downhill, Retro Day and Pond Skimming contests.





Dummy Downhill is an event for all ages and attracts people from all over. Several "dummies" are created each year to test their strength, speed, and best crash on the slopes. Retro Day welcomes all 80's attire one piece suits, straight skis, and head bands. The vibrant colors and patterns will bring you back to an era where fashion was more important than skiing! The pond skimming contest is a sight for sore eyes as skiers and snowboarders of all ages test their luck and skills while hydroplaning over a 40 ft. pool of water dug right on the hill.

Even after the snow disappears during the summer months, Titcomb Mountain holds its beauty. With an outdoor stone patio, scenic pond, and breathtaking head wall, Titcomb is an exceptional facility and location for weddings, family gatherings, party rentals or any function. Aside from off season rentals, Titcomb is known for its up and rising mountain bike trails that offer terrain for all ages and abilities. Each year they host a Titcomb Mountain Challenge that brings hundreds of riders from all over to overcome the mountains varied terrain.

New to the area, Titcomb Mountain has created an Adventure Camp. Titcomb Mountain Adventure Camp (TMAC) is a new opportunity for children to discover and explore the mountain during the summer season. The focus is connecting campers to outdoor recreation that will develop into lifelong skills. Hiking, mountain biking, archery, shelter building, wilderness survival, canoeing, fishing and several other activities take place each week! A day pass or a seasonal membership is required to use the trails. Equipment rentals are available on site. For information on ski rates, hours and current conditions, call (207) 778-9031.

Directions: From the intersection of US Route 2 and Route 43 in West Farmington, follow Route 43 West. Continue straight at the four-way intersection; another 0.3 miles after the intersection, turn left onto Morrison Hill Road; follow it for 0.6 miles. Turn left at the Titcomb Ski Area sign and access road. Continue on to the parking area at the end of the road.

### **SNOWMOBILING**

You'll find over 300 miles on the Black Fly Loop, which circles all of Franklin County. Those trails reach North through Eustis, Jackman and the Forks, west to Rangeley, Oquossoc and New Hampshire, east to Carrabassett Valley, Kingfield and New Portland and south to Farmington, Wilton and Weld. The Black Fly Loop has the widest variety of trails available in the east. These uncrowded trails wander through stands of pine and climb majestic mountains.

Maine's snowmobile trail system now includes

over 14,000 miles of trail, including 3,500 miles of primary trail known as the Interconnected Trail System (ITS). The ITS trails connect across the state and with decent snow a rider may head out from anywhere on the ITS and ride to any other location that is reached by the system. We welcome all safe, responsible snowmobilers to the trails. Maine, New Hampshire, and Vermont have entered into an agreement allowing for a reciprocal snowmobile riding weekend in all three states which includes the preceding Friday. This allows for all legally registered New Hampshire, and Vermont snowmobiles to be operated in Maine without a current Maine registration. This also allows for all legally registered Maine snowmobiles to be operated in New Hampshire and Vermont without being registered in either of those states as well. Nonresidents may register snowmobiles online: www10.informe.org/ifw/atv-snow or call 207-287-8000

### **SNOWSHOEING**

Trail Etiquette:

- Share the Trail with Cross-Country Skiers
- Snowshoers and cross-country skiers often travel the same trails. If possible, snowshoers should take note not to tread on the skiers' smooth, parallel tracks. Leave No Trace
- Pack out whatever you pack in, and leave only footprints behind.



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- Respect plants and animals.
- Stay on the designated trail; trekking off trail can cause irreparable damage to the terrain.

#### **CATHEDRAL PINES PATHWAYS**

#### Stratton Village (Town of Eustis) (2 miles network)

The trails at Cathedral Pines provide easy family-friendly hiking and cross-country skiing and snowshoeing along groomed paths during the winter. The trails pass through a grove of mature red pines that—in contrast to the low and sparse undergrowth—lend a cathedrallike quality to the forest. The trails are marked only at intersections by colored boards but are easy to follow; most are well-worn or follow unused logging roads or, in a few cases, ATV trails.

#### FLINT WOODS & VILLAGE WOODS

#### Farmington (4.5 miles of network) Main trailhead on Anson Street/Titcomb Hill Rd.

Trails range from the many easy, well-worn improved trails on relatively level terrain (like most of the Flint Woods trails) to some newly developed single track paths in Village Woods (near Box Shop Hill) on moderately steep slopes. These moderately difficult trails include the western end of Ridge Road, Switchback, Sideshot and parts of Low Traverse.

#### **MAINE HUTS AND TRAILS**

#### Kingfield/Carrabassett

For a truly unique experience, visit the Maine Huts and Trails system, an off-the-grid adventure of trails connected by four backcountry eco-lodges. This section of the Maine Huts trail network includes over three miles of groomed ski trail in the winter (usable for mountain biking in summer) and over three miles of excellent hiking or snowshoeing trail.

#### MINGO SPRINGSTRAIL & BIRD WALK Rangeley (2 mile loop)

The trail at Mingo Springs winds around the "back 9" of a golf course offering a relatively easy walk through various forest types with excellent wildlife viewing.

#### **MOUNT BLUE STATE PARK**

#### Center Hill Road Weld (2.6 miles network)

There are two snowshoe trails in Mount Blue State Park: Rock Lookout Trail and Center Hill Trail. Both trails lead to scenic overlooks that even the most advanced snowshoe enthusiast will enjoy. Both trails start at the Center Hill Parking area next to the park headquarters. At the trailhead, there is an outhouse, information board with maps and descriptions of the winter trails, and an 'iron ranger' for depositing the entrance fee. Both trails start at this point and follow the same route for about the first 1,000 feet passing near a deer wintering area in the park.

#### **NARROW GAUGE PATHWAY**

#### Carrabassett Valley (6.6 miles one way)

The Narrow Gauge Pathway is a rail trail which hugs the east bank of the scenic Carrabassett River. Visitors may access the trail at three different trailheads and enjoy this non-motorized trail in all seasons. The trail has a gentle grade that increases upstream from the Carrabassett Valley Town Office. In the winter the trails are groomed for both classic and skate style cross-country skiing and snowshoeing.

#### **ROCK PONDTRAIL**

#### Sandy River Plantation (1.6 miles – network)

This small network of trails provides access to Rock Pond, Midway Pond, and several scenic overlooks while gaining little elevation along the walk.

#### SUGARLOAF OUTDOOR CENTER

#### 3001 Touring Center Road, Carrabassett Valley

The Outdoor Center offers miles of maintained snowshoe trails, providing endless hours of snowshoeing fun. Rental snowshoes are available, and snowshoe trails are blazed with trail markers to keep you on your journey. For more information call 207-237-6830

#### WHISTLE STOPTRAIL

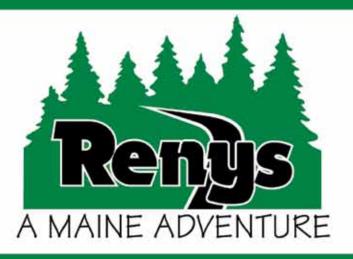
#### 14 miles through Jay, Wilton and Farmington

The trail traverses a variety of landscapes including scenic views Western Maine's foothills, forested wetlands, and rural farmland. Closely replicating the historic railroad setting, the trail also features several trestles spanning tree-lined streams and rivers. In Jay, old granite walls and culverts remain as testaments to both the railroad's legacy as well as to the nearby quarrying heritage of North Jay.



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# WATER ADVENTURES

## **SWIMMING & BEACHES**

#### Carrabassett Valley - Riverside Park off Rt. 27

A popular spot is located by the Carrabassett Valley's Riverside Park off Route 27. This spot features a natural water slide, small beach area, and lots of good wading spots. The maximum water depths are three to four feet. The bottom is somewhat rocky, so it is recommended that one wear water shoes when in this area.

#### Farmington-Sandy River

The Sandy River has several sandy beach areas enjoyed by many. One is located at the intersection of Routes 2, 4, and 27 by the bridge in Farmington. It has

a canoe put-in and picnic area. The put-in is a rock staircase, with many steps to the river, and is not a ramp. The other location is on Front Street - Located near the University of Maine athletic fields there are several sandy swimming beaches, along with some picnic area.

#### Industry-Clearwater Pond: Rt. 43 Industry Rd.

Clearwater Pond has a clear, clean lake featuring a soft, sandy bottom and beautiful views.

#### Rangeley- Lakeside Park: Main St. (Rt. 4)

Lakeside Park is free and features a sandy beach and a dock with a slide. Lifeguard (11 a.m. to 5 p.m. daily, weather permitting during the summer months), boat launch area, swings, covered picnic tables, a changing/restroom building and a large, newly-landscaped lawn area. Swimming lessons are given at the park each summer as well. For more information, call the Director of Parks and Recreation at 207-864-3326.

#### Strong-Porter Lake -Strong Public Beach (Beach Road)

The Strong Public Beach is an ideal spot for family summer fun with a sandy beach that has two docks (one of which has a high diving board) and also a boat launching ramp, picnic tables and grills.

Follow Route 234 out of Strong towards New Vineyard, then make a left turn onto Pond Road. Look for the Beach Road sign, I/2 mile on the right.

#### Weld-Webb Beach - Mt. Blue State Park (187 Webb Beach Rd)

The sandy beach is almost completely surrounded by mountains, Mount Blue, Little Jackson Mountain, and Tumbledown Mountain, making it noted for its scenic beauty. The swimming area is run by the state of Maine located in Franklin County. It offers bathrooms, a changing area, boat launch, amphitheater, and nature center. Mount Blue State Park is open year-round. Park hours are 9:00 a.m. to sunset unless otherwise signed at the gate.

To reach Mount Blue State Park in Weld, follow Route 156 from Wilton. To reach the Webb Beach and Campground, proceed 2 miles north past Weld Village and bear left on the West Road at Webb Corner. Continue 4 miles to Webb Beach Road, which leads down to the lake and campground.

#### Wilton-Wilson Lake: Kineowatha Park (High St.)

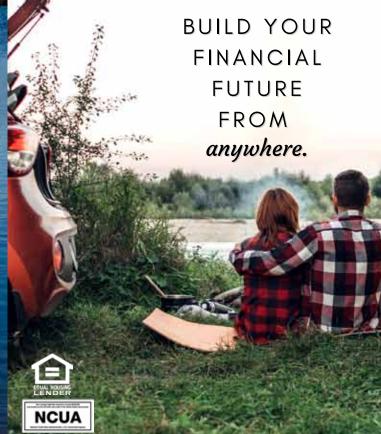
Kineowatha Park is a 63-acre town park offering swimming with a wonderful shallow sandy beach area. Visitors can also use the picnic and barbeque areas. The park has a large playground area and a lodge on the premises offering food, drinks and indoor games.

### PADDLING - CANOE OR KAYAK

From novice to expert, there is no better way to explore the region than paddling the many shorelines by kayak or canoe and leave the hustle and bustle behind. The forests, mountains, and lowlands are laced with a vast network of watersheds. Bring your camera so you can capture the beauty and wildlife!

Tour the many ponds and lakes throughout Franklin County. In Wilton, spend the day on Wilson Pond often called Wilson Lake or head over to Industry and explore Clearwater Lake, or head out Rte. 156 to Weld and enjoy Webb Lake at Mt. Blue State Park. In Rangeley you can explore the coves and islands of any of their many lakes. There are seven lakes in the Rangeley chain: Rangeley Lake, Mooselookmeguntic Lake, Cupsuptic Lake, Upper & Lower Richardson Lakes, Kennebago Lake, and Umbagog Lake. Don't forget Flagstaff Lake, Maine's fourth largest lake, located nearby in the Stratton - Eustis area.





#### **FISHING**

Summer or winter, in the lakes or streams, from the shore, in waders, on a boat or through a hole in the ice, Franklin County's lakes afford limitless opportunities to catch plenty of great fish. Franklin County has a rich fishing history. The lakes, streams, and ponds here used to be the playground of wellknown local guides like Cornelia "Fly Rod" Crosby, Herb Welch, and Carrie Stevens. This county's many streams and waterways offer, perhaps, the finest wild brook trout population in America. Smallmouth and largemouth bass, as well as perch and sunfish, are also fun to catch in this region.

Fishing around here certainly isn't just reserved for the summertime! Our lakes become frozen gathering places to catch pickerel, salmon and trout. Bring your warm clothes and good friends. Ice fishing can be enjoyed on virtually any Maine lake or pond as long as the ice is thick enough. Landlocked salmon and trout are some of the best available fish to catch in Maine. Throughout the year, many lakes host fishing derbies, for ice and open water.

If you're new to the area, it might be beneficial to find a guide service to take you out. However, if you're the adventurous type, you'll find some information here about fishing spots in the area. Some of the locations listed have specific regulations, so be sure to check out the Department of Inland Fisheries and Wildlife website at maine.gov/ifw/fishing/index before heading

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# PARKS ! PICNIC AREAS

#### RIVERSIDE PARK

## Route 27, along the Carrabassett River in Carrabassett Valley

Swimming pool, wading and swimming holes, tennis courts, basketball court, playground, covered picnic area, volleyball court, bathroom facilities, grills, softball field

#### **CATHEDRAL PINES**

## Route 27, Cathedral Pines Campground, Eustis

Public sandy beach, Flagstaff Lake, playground, dock, changing room, nature trail

#### **ABBOTT PARK**

## Adjacent to the UMF Roberts Learning Center, Farmington

Rollo Pond, stone bridges, remnant woodland trails, a portion of the University's arboretum

#### **HIPPACH FIELD**

#### Route 2 in Farmington

Playground, ball field, tennis courts

#### WALTON MILLS POND

#### **West Farmington**

Picnic tables, open green space

#### KINGFIELD TOWN PARK

#### Curve Street, Kingfield

Playground, basketball court, picnic area, large grassy lawn

#### TRECARTIN PARK

Park Street, Phillips

Picnic tables, small playground

#### **PARK-BY-THE-BRIDGE**

Route 149, Phillips

Picnic area, grills, swimming hole

#### **BASS PARK**

#### Lake Road, Wilton

Gazebo, picnic tables, play area, scenic views of Wilson Lake and mountains

#### **EASTMAN'S PARK**

#### Route 142, Phillips

Picnic area, swimming and wading holes, sandy areas, playground

#### **FRENCH FALLS**

#### Route 4, Jay

Nature trails, riverwalk, access to the Whistlestop Trail.

#### **SMALLS FALLS REST AREA**

#### South of Rangeley

Scenic waterfall, colorful gorge, swimming holes, picnic areas

#### KINEOWATHA PARK

#### High Street Entrance, Wilson Lake, Wilton

Town park with public sandy beach, swimming, tennis, basketball, playing fields, horseshoes, children's area, volleyball, picnic/BBQ areas, trails, lodge with indoor games, food and drink

#### RANGELEY LAKESIDE PARK

## Downtown Rangeley on the shores of Rangeley Lake

Large lawn area, public sand beach and swimming area, dock, restrooms, swings, covered picnic tables, boat launch, tennis and basketball courts

#### **CENTER HILL**

## Mt. Blue State Park, Weld (Junction of 142 & 156)

Picnic area with views of Mt. Blue, Tumbledown, and Webb Lake, covered picnic tables, rest rooms, walking paths

## LANCE CORPORAL SCOTT PAUL MEMORIAL TOWN PARK

#### Route 149, Burbank Hill Road, Strong

Picnic area, grills, horseshoes, bathroom facilities, playground

#### **RANGELEY STATE PARK**

South Shore Drive, Rangeley

Picnic area, walking trails



## MT. BLUE STATE PARK

297 Center Hill Road, Weld

### MT. BLUE STATE PARK IS MAINE'S LARGEST STATE PARK

Here you will find hiking, trail riding, biking, swimming and picnicking in the Western Maine Mountains. Trail enthusiasts, anglers, and campers enjoy this region through warm summer months, followed by snowmobilers, cross-country skiers, snowshoers, and ice-skaters in winter.

All 8,000 acres can be enjoyed year round by hikers, bikers, skiers, and campers. With a 25 mile trail system, the park has everything you need to enjoy the Maine wilderness. The park surrounds Webb lake in Weld, and includes a campground, and several of Maine's most popular mountains.

The campground at Mt. Blue features 136 wooded campsites, all within walking distance of the beach at Webb lake. The campground has several full bathroom facilities, a boat launch and boat rentals, amphitheater, nature center, and a playground. The campground is family and pet friendly. For information about camping, or to make a reservation call 800-332-1501 if you're in state OR 207-624-9950 from outside Maine. You can also go online to www.campwithme.com.

Across the shore from Webb beach is the park's center piece, the 3,187 foot Mt. Blue. The mountain features an exceptional hike with rewarding views at the top, which can be further appreciated from the vantage point of a fire tower at the top. Read more about it on page 19 of the activities section. Mt. Blue is just one of several mountains in the park and surrounding area for hiking. The most popular is Tumbledown, which has many different trails, including the loop trail, and the Little Jackson hike. At the top of Tumbledown, is a natural alpine lake. Other hikes in the area include Bald Mountain and Blueberry Mountain.

The state park is a great place to enjoy a picnic. Check out Center Hill for a scenic picnic spot. The Nature Center features guided walks and canoe trips, hands-on exhibits, displays and nature programs. Visitors rent kayaks and canoes at the Webb Lake Welcome Station. In the winter, the park has hills for sledding, and an outdoor ice rink. The trail system in the park can be enjoyed by walkers, snowshoers, equestrians, snowmobilers, cross-country skiers, and ATV riders.

## RANGELEY LAKE STATE PARK

I State Park Road, Rangeley

IN THE BEAUTIFUL HEART OF MAINE'S LAKES AND MOUNTAINS REGION, LIVES THE RANGELEY LAKE STATE PARK.

Visitors to the park are able to fish and hunt, picnic and camp, hike, watch for wildlife and swim in the crystal clear waters of Rangeley Lake. The park is open every day from 9am until sunset in May through October. Even in the fall and winter months, folks can enjoy the park by walking through the gates after parking outside during the same hours. The State Park is about 900 acres of classic Maine wilderness and features 33 miles of shoreline.

Rangeley Lake State park is a wonderful place to camp in season. With 50 spacious sites on the lake, campers can enjoy marvelous views of Saddleback Mountain. Within the park there is the picnic area, a playground, showers, a boat launch. For advanced reservations contact the State Park Reservations Office. They can be reached in state at 800-332-1501. If you're calling from outside of Maine, call 207-624-9950. You can reserve online at campwithme.com. The park also offers special events, so be sure to check their calendar for a list and dates for any of those. Events include youth programs, nature walks and talks and enjoying a cup of coffee with the park rangers.

Traditions of hunting and fishing have been established since the 1860's, when word of the regions trout and salmon population began to spread. Guides and camp services began to take root in the area and the traditions still stand to this day due to a strong commitment to preservation practices, including catch-and-release for fishermen. Rangeley Lake is a great place to canoe, kayak or operate a motorized boat. The nine mile lake has a depth of 149 feet at its deepest point. The refreshing water is also great place to swim.

Moose Country Corridor trail is seven-tenths of a mile, running from the control station back through the entrance road. This mellow walk is great for enjoying the scenery of Maine, the quiet of the woods and maybe spotting some unique birds and other wildlife. The Shoreline Trail is just under a mile. This travels along the lakeside, comes to the park's swimming area and ends with stunning views of Saddleback Mountain, in a perfect spot for a picnic lunch.

For maps and guides of the park visit the State Parks page on the maine.gov website or stop by the Franklin County Chamber of Commerce for more information at 615 Wilton Rd. Farmington.

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# SCENIC ATTRACTIONS

#### **ANGEL FALLS**

#### Bemis Road off Rte. 17, Township E.

Angel Falls is a 90-foot waterfall on Mountain Brook in Township D - northwest of Houghton - in the White Mountains of Franklin County, Maine. Angel Falls, one of Maine's tallest and most unique waterfalls, has a 90-foot "hanging" plunge and is comparable in height with Moxie Falls in Forks Township. In high water, the cascading water creates the shape of an angel's wing giving the falls its name

From the parking area, walk north along Bemis Road a short way. The trail leaves Bemis Road at a sign marking the trailhead and descends along a dirt road into a gravel pit. Walk through the gravel pit (past a large boulder), then continue following red blazes on an old dirt road. Shortly, the trail reaches Berdeen Stream, which must be forded. Use caution when crossing streams during high water as stepping stones are often submerged or very slippery. After crossing Berdeen Steam, the trail continues left on a dirt road, and then proceeds up through the woods to Mountain Brook. The trail follows Mountain Brook upstream and crosses three times on rock hops (use caution), then rises sharply on the south bank immediately before arriving at the falls. Length: 1.4 miles, Round Trip

Activities: areas for swimming, hiking, picnicking, restrooms

#### **BIGELOW PRESERVE PUBLIC RESERVED LAND**

#### W Flagstaff Rd, Stratton

Located in western Maine just east of the village of Stratton about 40 miles north of Farmington, Bigelow Preserve includes over 36,000 acres of public land. The preserve encompasses the entire Bigelow Range, which includes seven summits. The highest of these at 4,150 feet is West Peak, one of only 10 Maine summits over 4,000 feet in elevation. Bounded on the north by 20,000-acre Flagstaff Lake, the preserve offers many opportunities for outdoor recreation.

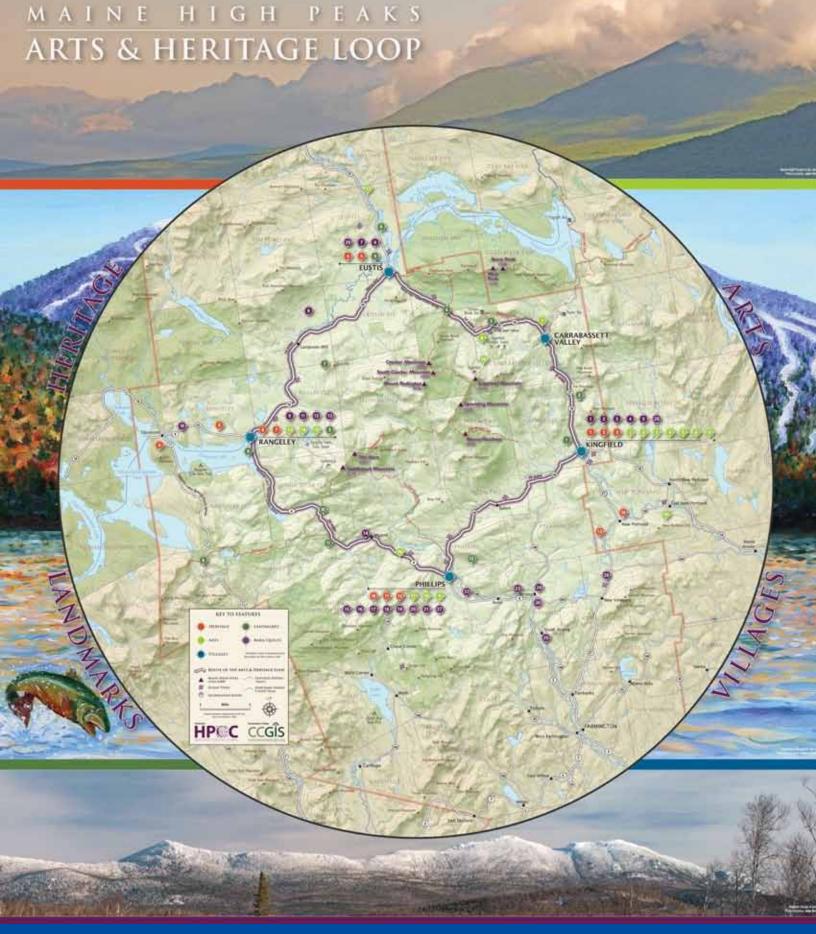
Fall foliage can be viewed from the roads and trails. Hunting and trapping opportunities range from easy vehicle access to foot access only in the backcountry areas. Fishing is plentiful in many small ponds and brooks. Winter visitors enjoy snowmobiling and cross country skiing over 20 miles of designated trails. Activities: areas for fishing, swimming, camping, cross country skiing snowmobiling, hunting, trapping

#### **HEIGHT OF LAND SCENIC OVERLOOK**

#### Rte. 17, Rangeley

A fantastic scenic overlook not to be missed! Stunning views of Mooselookmeguntic and Upper Richardson lakes, Toothaker Island and the richly forested mountainsides. Travelers search for moose that frequent the region's roadsides feeding on tender grasses, leaves and branches. This is also an excellent route for viewing foliage in the autumn when the surrounding mountainsides are painted vivid orange, yellow and red.





HIGH PEAKS CREATIVE COUNCIL
The High Peaks Creative Council (HPCC) is
non-profit organization formed in 2012. It is a
non-profit networking organization made up of
representatives from fifteen arts, heritage, and
cultural organizations in North Franklin County.
The HPCC mission is to connect regional arts
and cultural organizations around creative public
projects that benefit the quality of life and sup-

ports resiliency in the local economy. The HPCC created a regional cultural plan, designed an online and printed cultural asset map, built five cultural kiosks, and created a community made public art trail. The intent of the barn quilt trail is to celebrate rural traditions, engage youth and families in the process, encourage tourists to move through a rural landscape, and link into the national American Barn Quilt Trail. This

map and guide is provided free of charge as a service of the High Peaks Creative Council with the goal of enhancing the experience of those interested in exploring Maine's high peaks. If you find it useful and would like to make a tax-deductible donation, please visit www.highpeaksmaine.org or mail your donation to: High Peaks Creative Council 4 Maple Lane, Avon, Maine 04966



ranklin Couny is rich in arts and cultural events. The epicenter of this activity is the shiretown, Farmington and in particular the University of Maine at Farmington. UMF has the new Emery Community Arts Center and the historically significant Nordica Auditorium for art exhibits, folk music, classical music, theater performances, cabaret, lectures, poetry, dance, and much more.

Concerts and other cultural events held at either the Emery Community Arts Center or in Nordica Auditorium at UMF's Merrill Hall are often sponsored by ArtsFarmington, an affiliate of UMF.ArtsFarmington has a volunteer board of community members who's mission is "to inspire, enrich, educate and entertain the communities of the greater Farmington area by presenting a broad array of affordable, high-quality arts events." Other concert series in the community are sponsored by the Farmington Historical Society at the North Church, and by and at Old South Congregational Church.

There is an active community theater group, The Sandy River Players, that stage performances at UMF's Alumni Theater and as well as other local venues. The Old Crow Band, a community based band, is busy throughout the summer. The Teachers Lounge Mafia, an improvisational comedy group, livens up many area gatherings.

Upcountry Artists, a non-profit group dedicated to encourage, support, educate artists and develop public awareness of the arts in Western Maine, has a gallery and learning center in Farmington. They sponsor the county's most significant Art Show at Sugarloaf Mountain on Columbus Day weekend and offer scholarships to local students.

For the youth of the area, our schools are alive with activity. Mt. Blue High School (RSU 9) is known for a strong music curriculum including an acapella group, chamber and show choir, band, jazz band, orchestra, as well as the Franklin County Fiddlers. In the summer, students may learn and perform with the Sandy River Players and the Mt. Blue Music Boosters Summer Theater camps. The Maine Jazz Camp, in Farmington for two weeks in July, draws students from all over North America and offers daily faculty concerts free to the public.

Kingfield hosts the annual Kingfield POPS, a summer art festival that culminates in an outdoor concert that brings people from around the state and beyond to enjoy a family-friendly evening of music and entertainment with the Bangor Symphony Orchestra. Kingfield is also home to several art galleries and the High Peaks Artisan Guild which features a collective of artisans from western Maine spanning many mediums.



Local groups perform at restaurants, grange halls, churches, and festivals. Contra dancing regularly takes place at the West Farmington Grange, and square dancing in nearby Wilton, sponsored by the Friendship Squares.

How will you know what's happening and when? The Maine High Peaks Arts & Heritage Loop map features cultural events, galleries, trails, museums, and historic attractions to help better navigate your way around Franklin County. You can also find local events listed on the Franklin County Chamber of Commerce website and check the local media services listed in this guide's directory.



# MUSEUMS

#### **FARMINGTON HISTORICAL SOCIETY**

#### 118 Academy St, Farmington, ME 04938

Three Historical Buildings are owned by the Farmington Historical Society. The Titcomb House which is located at 118 Academy Street is the museum of historical artifacts, documents, maps, photographs and books about Farmington. It is open Fridays from 10-2pm May through early Oct or by appointment. Requests through email: farmingtonmainehistoricalsoc@gmail.com, Facebook or website www.farmingtonhistory.org We welcome tour requests, from you, your organization or classroom to see the home containing Farmington's history. The North Church and Octagon House, both located on High Street, are used for public events and also available for rent for your event.

#### **NORDICA HOMESTEAD MUSEUM**

#### 116 Nordica Lane, Farmington, ME 04938

Giglio Nordica (1857-1914), born Lillian Norton in Farmington, was the most glamorous American opera singer in history, and the first to attain true international prominence. One of Farmington's most famous citizens is commemorated in the Nordica Homestead Museum, the family home. As Lillian Nordica, she became an opera star at the turn of the century. She was one of the first Americans to become a world-class diva recognized in Europe for her power and artistry. At the museum, one can see costumes Madame Nordica wore in her productions and memorabilia of her career. There's a wealth of musical history in this small building, as well as info on the incredible life and tragic death of this superstar of the early 1900s. The building was listed on the National Register of Historic Places in 1969. Open: June 1st - Sept 15th 1-5 PM Tues - Sun www.lilliannordica.com

#### **RED SCHOOL HOUSE MUSEUM**

#### 292 High St, Farmington, ME 04938

The Little Red Schoolhouse, also known as Briggs Schoolhouse, is a historic schoolhouse in Farmington. The one-room wood-frame schoolhouse was built in 1852, was used for classes until 1958. Today the Museum is displayed as the original schoolhouse with some of the original desks, books, and other memorabilia. It originally stood on the Wilton Road (Maine State Route 4) at Red Schoolhouse Road. It is one of the community's few surviving district school buildings. It was then used as a space for special needs students before being finally closed in 1969. It was moved to the Franklin Agricultural Society Fairgrounds on High Street in 2007. It underwent restoration and officially opened to the public during the annual Farmington Fair. The building was listed

on the National Register of Historic Places in 1972. Open weekends: July - Aug II AM - 3 PM

#### KINGFIELD HISTORICAL SOCIETY

#### 45 High St, Kingfield, ME

The Kingfield Historical House retains much of the detailed signature work of the Victorian era and its Scotch Firetube Steam Boiler is one of a very few still in existence. The house is filled with 19th and 20th century furniture, dishware, photographs, and paintings, tools, school yearbooks, and collections from families abound. The Mercantile, located on the first floor of the barn, is complete with a country store, barber shop, pharmacy, and post office. A working forge is located in the basement area, under the kitchen. A large, high quality textile collection is located on the second floor.

Open: June-Sept, Wed from 10 AM-2 PM and 2nd & 3rd Sun of July & August IPM-4 PM www.kingfield.me/historical-society

#### SKI MUSEUM OF MAINE

#### 256 Main St, Kingfield, ME 04947

The Ski Museum of Maine was established in 1995 to preserve and publicize the business of skiing in Maine while celebrating Maine's ski history and heritage. More than a decade has been spent collecting and preserving irreplaceable documents and artifacts, and cataloguing those valuable materials. Exhibits change approximately every four months.

Open: Daily 9 AM - 5 PM www.skimuseumofmaine.org

#### STANLEY MUSEUM

#### 40 School St, Kingfield, ME 04947

The Stanley Museum is a historical museum located in the beautiful Georgian-style Stanley School built in 1903. The Museum commemorates and preserves the heritage of Stanley family genius. The exhibits cover all facets of Stanley family history and memorabilia — airbrush painting and photography, violins and examples of Stanley steam cars from 1905, 1910, and 1916. The famous "Stanley Steamer" automobile was invented by Francis Edgar Stanley, who manufactured it with his twin brother. Their sister, Chansonetta, was a photographer who captured life in rural America in the turn-of-the-century. Open: June - Oct, Tues - Sun I - 4pm, Nov - May, Tues - Fri I- 4 pm or by appt. www.stanleymuseum.org





#### **MAINE'S PAPER & HERITAGE MUSEUM**

#### 22 Church St., Livermore Falls, ME 04228

Maine's Paper & Heritage Museum was established with the common goal of capturing the cultural heritage of the paper-making towns and mills along the Androscoggin River. It is an exciting interactive museum where visitors can experience life in a paper-making community and showcase the area's distinctive heritage.

Open: Sat 10:30am - 2:30pm or June- Oct by appt. www.papermuseumofmaine.org

#### WASHBURN-NORLANDS LIVING HISTORY CENTER

#### 290 Norlands Road, Livermore, ME 04253

Washburn-Norlands Living History Center is a 19th-century period farm with living-history demonstrations. The buildings include the Norlands mansion built in 1867, the 1853 schoolhouse, and the 1883 library with displays about the Washburn family, the 1828 meeting house, a farmer's cottage, and a barn with farm animals. The barn and farmer's cottage burned down in April 2008 but the Farmer's Cottage was rebuilt and reopened in early 2011. As of January 2019 the barn is finished. The Norlands is home to a number of collections; including Washburn family papers, photographs, artwork, historic clothing, books, furniture, and more. www.norlands.org

#### MADRID HISTORICAL SOCIETY

#### I Schoolhouse Rd, Madrid Twp., ME 04966

The Madrid Historical Society was founded in 2000 by a group of residents with a mission to collect and preserve the memories and heritage of Madrid along with historical and genealogical records, property and artifacts that remind us where and how the Township of Madrid came to be. This is the heritage which has shaped our lives, our town, and generations of local traditions. By preserving these artifacts and memories of our past, we ensure our future generations will be able to appreciate the people, families, and spirit of the generations that came before them. We encourage and support interest in, and study of, the history of Madrid, Maine.

#### **NOWETAH'S INDIAN STORE & MUSEUM**

#### 2 Colegrove Rd, New Portland ME 04961

Nowetah's Indian Museum's ongoing exhibits feature an outstanding collection of American Indian artifacts from the United States, Canada and South America with a special focus on Maine's Abenaki Indians. A special museum feature is an impressive collection of over 600 early Maine Indian ash splints, quill and bark baskets. A full gift shop that supports the museum offers quality, genuine American Indian arts and gifts at reasonable prices. Many items are handmade on the premises by Nowetah and her daughter Wahleyah. Abenaki-Paugussett Indian owned & operated, the museum was established in 1969, built on an early 1600 ancestral Indian site. Free admission - donations welcome. The museum receives no local, state or federal funding. Open year round, 7 days a week, IOAM-5PM

#### **OUTDOOR SPORTING HERITAGE MUSEUM**

#### 8 Rumford Rd, Oquossoc, ME 04964

A visit to the Outdoor Sporting Heritage Museum (OSHM) is sure to capture the imagination and spark a greater interest in Rangeley's unique and intriguing outdoor history. The museum offers several important artifacts in its extensive historical collections that creatively share the region's colorful



history. The Outdoor Sporting Heritage Museum is located in the nearby village of Oquossoc and was recently named by Yankee Magazine as the "Best Sporting Museum in New England"

Open: July - Aug 7 days a week 10 am - 4 PM; Sept: Wed - Sun 10 AM - 4 PM Oct: Sat & Sun 10 AM - 4 PM

www.rangeleymaine.com/outdoor-sporting-heritage-museum

#### **SANDY RIVER & RANGELEY LAKES RAILROAD**

#### 128 Bridge Street, Phillips, ME 04966

In 1970 a group of local rail fans at the Phillips Historical Society formed a project to document the SR&RL. This group eventually formed a separate non-profit organization to preserve remaining equipment from the railroad. The non-profit now operates a short heritage railroad on the track bed of the original SR&RL at Phillips. At the station site, you can examine exhibits in the Sanders Station and purchase tickets and souvenirs in the Phillips Freight House. During Phillips Old Home Days (starting the third Friday in August), the SR&RL runs on Friday, Saturday, and Sunday. The Railroad Room of the Phillips Historical Society is open on that Saturday and contains an extensive collection of SR&RL artifacts. Open: July 5, 19 Aug 2, 3, 16, 17 Sept 6, 7, 19, 20, 21 Oct 3, 4, 5, 17, 18 Train times are 11 AM, 12PM, 1 PM, 2 PM, 3 PM www.srrl-rr.org

#### WILHELM REICH MUSEUM

#### 19 Orgonon Circle, Rangeley, ME 04970

Orgonon was the home, laboratory and research center of Wilhelm Reich, M.D., a pioneering psychiatrist, psychoanalyst and scientist. Open to the public as the Wilhelm Reich Museum, Orgonon now comprises 175 acres of fields and forests, the Orgone Energy Observatory, the Conference







Building & Office, a bookstore, two rental cottages, and a system of woodland nature trails. Visitors to the Orgone Energy Observatory are introduced to Reich's life and work with a half-hour documentary video, exhibits, Reich's inventions and scientific apparatus, his library and study, and personal memorabilia including his paintings and sculpture. Annual Summer Conferences are held in the Conference Building on various aspects of Reich's work and their significance for current social, medical and scientific issues.

Open: July & Aug: Wed-Sun I-5 pm Sept: Sat I-5 pm www.wilhelmreichtrust.org/museum.html

## **DEAD RIVER AREA HISTORICAL SOCIETY MUSEUM**

#### 171 Main St, Stratton, ME 04982

Dead River Historical Society preserves and promotes the history of Flagstaff, Dead River Plantation, Coplin Plantation and Eustis/Stratton. It displays manuscripts, photographs, china, glass, a church organ, furniture and a collection of old carpentry and logging tools, a complete schoolroom, a memorial room to the lost towns of Flagstaff and Dead River, the lineage of several native families, and a host of memorabilia from native homesteads. Open weekends: July - August 11 AM-3 PM

#### **WELD HISTORICAL SOCIETY**

#### P.O. Box 31, Weld, ME 04285

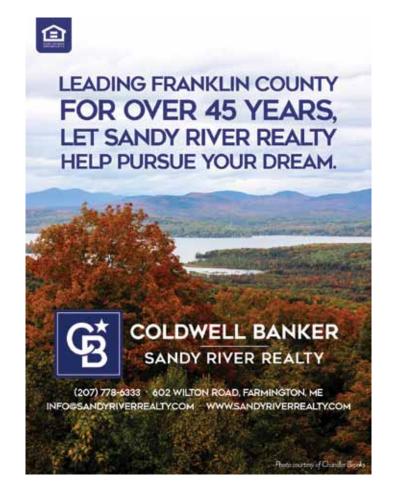
The Weld Historical Society is a group of 500 members committed to preserving the history of their small community. Open: May - Sept

#### WILTON FARM AND HOME MUSEUM

#### 10 Canal St, Wilton ME 04294

Built in the mid-1860s, the building was used between 1910 and 1945 as a boarding house for G.H. Bass employees. The building was deeded to the Wilton Historical Society in 1987 and soon after was placed on the National Register of Historic Places. There are four floors to this impressive building. The basement level features farm and shoemaking tools. It also includes the working Canal Street Forge, where a local blacksmith gives lessons on the art of blacksmithing. The main floor, in addition to the general meeting and display room and kitchen, has the restored parlor. The second floor has rooms devoted to homemaking, military uniforms, ladies' clothing, bedrooms, and the extensive bottle and Wilton Academy collections. Exhibits featuring giantess Sylvia Hardy are in the Academy Room. The third level includes a scouting exhibit and two bedrooms. Open every Saturday in the months of July & August from I – 4 PM. www.thewiltonfarmandhomemuseum.org







# CHESTER GREENWOOD DAY

SATURDAY, DECEMBER 4, 2021

ark your calendar for Saturday December 5, 2020 as the Franklin County Chamber of Commerce, local businesses, and residents celebrate the 44th annual Chester Greenwood Day. The day-long celebration includes an hour long parade through Farmington's downtown, gingerbread house contest, horse drawn carriage rides, craft fairs, historical open houses, a 5k run/walk, the Farmington Rotary's Festival of Trees, and the annual Polar Dip at Clearwater Lake in Industry.

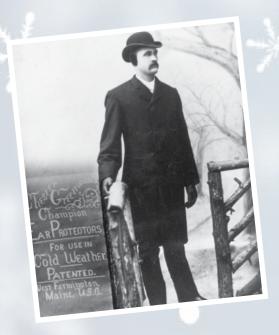
The Taste of Farmington has been an exciting addition to Chester Greenwood Day. Participants purchase a passport for an opportunity to taste samples from many local eateries. After a walk around town to visit these restaurants, tasters vote on their favorite.

The first Saturday in December marks a day-long celebration of Chester Greenwood, a Farmington native who is best known for inventing earmuffs. Chester was fifteen years old when he designed his first pair of ear protectors out of wire, beaver fur, and cloth. At the age of nineteen, he acquired a U.S. patent and by the time he was 28, the Chester Greenwood and Company factory was producing and shipping his champion ear protectors worldwide. In its busiest year the company produced 400,000 pairs of earmuffs.

As you stroll through the downtown area, you will see people of all ages having great fun while shopping, enjoying food from the wonderful eateries, or enjoying a scenic horse and buggy ride through the downtown area. You may even run into one of Chester's family members, as many make the trip to Farmington each year to participate in the parade and visit with relatives who still live locally.

The Farmington Rotary's Festival of trees includes an all-day viewing of trees decorated by local business and organizations in a theme of their choosing. In the evening the trees are auctioned off at a gala event with trees going to the highest bidder. The trees are then delivered, decorations and tree stand included, to each recipients home.

Chester Greenwood Day brings thousands of people to the area to watch and/or participate in all the events scheduled for the day. Don't worry about the cold temperatures that can be had this time of year - pack your earmuffs and warm up at one of the many indoor activities planned. Contact the Franklin County Chamber of Commerce for more information on day-long activities or to register for the parade, Taste of Farmington, or the gingerbread house contest.











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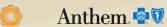
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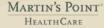














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## SCHOLARSHIP GOLF CLASSIC

## ANNUAL SETH WESCOTT AND FRANKLIN COUNTY CHAMBER SCHOLARSHIP GOLF CLASSIC

FRIDAY, SEPTEMBER 10, 2021

he Franklin County Chamber of Commerce is once again teaming up with Seth Wescott to host the 19th Annual Golf Classic. This event will be held at the beautiful Sugarloaf Golf Course in Carrabassett Valley in the fall of 2021.

Proceeds from this signature event support both the Franklin County Chamber of Commerce Scholarship Fund and Wescott's Level Field Fund. The purpose of the Chamber's David Robie Scholarship is to encourage continuing higher education for Franklin County residents through financial assistance. The Level Field Fund strives to bridge gaps in funding for uniquely talented athletes, following the belief that opportunities to pursue excellence in sport should not be limited by an athlete's financial situation.

This exciting day of golfing concludes with a lunch at The Rack with awards and fun! Various contests will be ongoing throughout the day including a hole in one, closest to the pin, great raffle prizes and more!

We hope to see you next year at the 19th annual golf classic. For more information on this event or to register a team, contact the Franklin County Chamber of Commerce office at info@franklincountymaine.org or (207) 778-4215.



GOLF CLASSIC



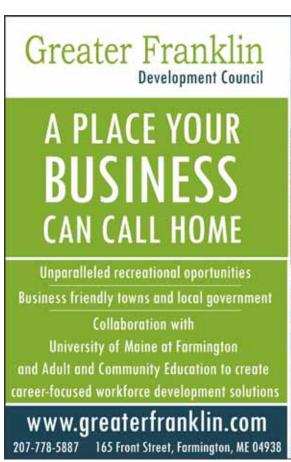
# ECONOMIC ! COMMUNITY DEVELOPMENT

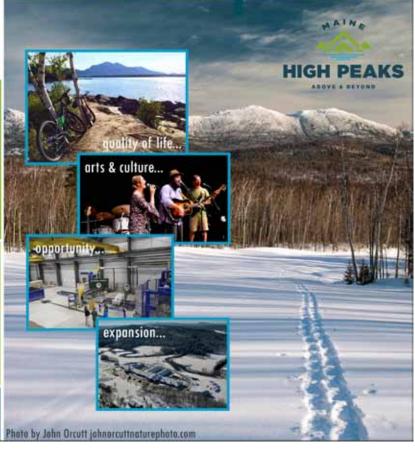
## EXPANDING BUSINESS IN FRANKLIN COUNTY

ranklin County is a rural business hub with many opportunities for investment, growth, and development. Located in western Maine among mountains, lakes, and vibrant historical downtowns, the Maine High Peaks region is a prime location for businesses looking to locate, relocate, or expand. With its strategic location, strong workforce base, and lower cost of business relative to other locations in the region, Franklin County offers a number of business advantages for both investors and developers to locate as well as for existing businesses to continue to thrive.

A four-season destination, Franklin County has an array of cultural, historical, and recreational assets to appeal to visitors and businesses seeking the arts, history, and outdoor adventures. Our Historic Downtowns and Main Streets are beautiful at all times of the year.

- Over 30% of the state of Maine's population reside within a 40 mile radius of Farmington, the county seat.
- Energy sector: Biomass, Wind and Solar
- Manufacturing sector: Wood Products, Breweries, textiles, Ski & Snowboard Service Industries
- Recreation sector: Walking, Hiking, Biking, fishing, swimming, paddling, birdwatching, alpine and Nordic skiing, snowmobiling, and ATVing
- Information technology: work in town or work remotely
- Liberal Arts College: University of Maine at Farmington's 1,600 engaged students on this unique downtown campus.
- Learn by Doing: Foster Career and Technical Education Center at the Mt Blue campus
- Healthcare: Franklin Community Health Network / Franklin Memorial Hospital







## HEAITHCARE

#### FRANKLIN COMMUNITY HEALTH **NETWORK**

III Franklin Health Commons, Farmington www.fchn.org

Franklin Community Health Network (FCHN) combines sophisticated medical expertise and facilities, with strong community values. Our mission is to work cooperatively with other concerned individuals and organizations to achieve the highest level of health and wellness possible for the people of Greater Franklin County. FCHN is a member of the MaineHealth system.

Franklin Community Health Network affiliates include:

#### FRANKLIN MEMORIAL HOSPITAL

III Franklin Health Commons, Farmington 778-603 I

Franklin Memorial Hospital is a progressive, notfor-profit community hospital whose mission is to provide high quality, cost-effective, patient-centered health care. The 65-bed hospital is fully qualified and accredited to handle a broad range of medical, surgical, pediatric, women's care, and diagnostic services. Top quality specialty care is additionally offered including: cardiology, oncology and hematology, occupational health, pain management, physical rehabilitation, pulmonology, vascular services, sleep disorders, sports medicine, wound care, and more. The hospital is a member of the MaineHealth system.

#### **EVERGREEN BEHAVIORAL SERVICES**

131 Franklin Health Commons, Farmington

Main: 779-2398, Crisis: 779-2843, Crisis Hotline: 1-888-568-1112

This agency provides comprehensive behavioral health treatment including mental health counseling, substance abuse services, case management, and emergency mental health response in Greater Franklin County.

#### **HEALTHY COMMUNITY COALITION OF GREATER FRANKLIN COUNTY**

105 Mt. Blue Circle, Suite 1, Farmington 779-3136, 1-800-525-3136

The Healthy Community Coalition sponsors programs and events to support healthy lifestyles that prevent disease and improve the quality of life. The organization's mobile health unit and community outreach efforts appear in every town and corner of the region, offering screenings and health information.

#### **NORTHSTAR EMERGENCY MEDICAL SERVICES**

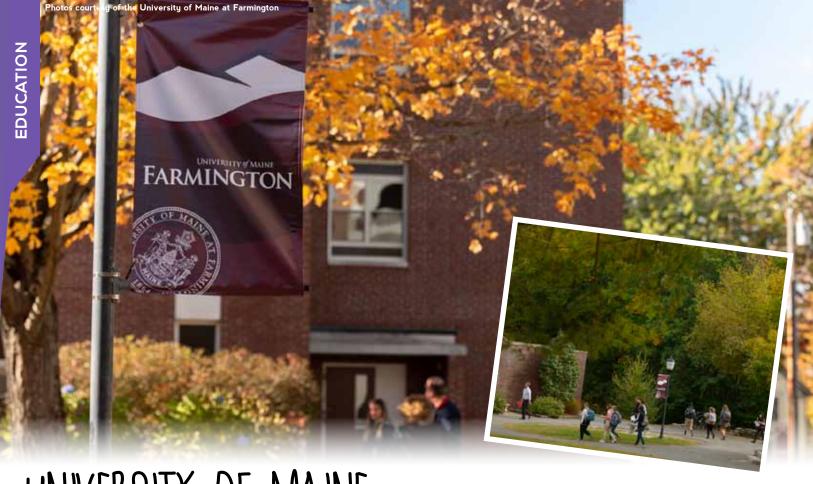
111 Franklin Health Commons, Farmington

NorthStar is a full service, regional emergency ambulance transport service. NorthStar is dispatched out of five base locations strategically positioned throughout the service area, and responds to more than 5,000 calls a year.

#### FRANKLIN HEALTH MULTI-SPECIALTY **MEDICAL GROUP**

Franklin Health is a multi-specialty group practice sponsored by Franklin Memorial Hospital, which includes 10 medical and surgical practices. Franklin Health is the largest provider of health care services in the region, and is one of the largest and finest medical practices in Maine. The practices are linked together by technology, an integrated medical record, and a common concept of family-centered

- Franklin Health Behavioral Services: 778-0035
- Franklin Health Farmington Family Practice: 778-3326
- Franklin Health Internal Medicine: 778-4922
- Franklin Health Intown Medicine: 860-4090
- Franklin Health Livermore Falls Family Practice: 897-6601
- Franklin Health Orthopaedics: 778-9001
- Franklin Health Pediatrics: 778-0482
- Franklin Health Surgery: 778-6579
- Franklin Health Urology: 779-1977
- Franklin Health Women's Care: 778-6394



# UNIVERSITY OF MAINE AT FARMINGTON

Established more than 150 years ago as the state's first public institution of higher education, the University of Maine at Farmington (UMF) is Maine's nationally-recognized public liberal arts college. Rooted in a tradition of teacher preparation, UMF offers quality programs in teacher education, the arts and sciences, health and human services and pre-professional studies.

UMF has earned a national reputation for excellence. Rated one of America's Best Colleges and recognized for Best Undergraduate Teaching by U.S. News & World Report, UMF was also named a "Best College for Your Money" by Money magazine, a "Top 100 Best Value College" by Educate to Career and a "Top Green College" by the Princeton Review. Additionally, since 2006, seven UMF Education graduates have been named "Maine State Teacher of the Year."

UMF student-teachers work in K-12 schools throughout the Franklin County and beyond, with mentoring provided by UMF faculty and a mentor-teacher in the field. In addition, UMF has an early childhood child care center on campus and the campus is conveniently located in the heart of the local K-12 school district.

Located in downtown Farmington, the 1,850 student campus adds a vibrant college town atmosphere. An example of its community partnership is the UMF Fitness & Recreation Center, which is open to area residents seven days a week year-round. The facility features a fully-equipped weight room, a cardio fitness

area with the latest machines and equipment, three multi-purpose courts, a 1/8 mile walking-jogging track, and a 6-lane 25 yard swimming pool. The UMF Fitness Center offers Franklin County residents countless fitness classes, professional trainers, swim lessons for all ages, children's and senior's programs and programming for those with special needs. Through its Mainely Outdoors program, the facility offers residents and UMF students the opportunity to participate in all sorts of outdoor activities: evening bike rides, kayak and canoe trips, moonlight snowshoeing, Nordic skiing, trail hikes and more.

The UMF campus helps to establish the Franklin County area as the arts and cultural center of the region. UMF offers concerts, lectures, debates, films, readings, comedy nights, and a wide range of other cultural and educational offerings year-round. If athletics are of interest, UMF—home of "Chompers" UMF's beaver mascot, is the place to be. Farmington's youth soccer program and area sports camps are held at UMF's Prescott Athletic Fields and Fitness & Recreation Center. The public is always welcome to cheer on UMF's baseball, basketball, cross-country, field hockey, golf, lacrosse, alpine and Nordic skiing, snowboarding, soccer, softball, rugby track and field and Ultimate Frisbee teams.

UMF's Gold LEAF Institute Senior College provides lifelong learning opportunities for area adults age 50 and older. The program offers invigorating classes, lectures, presentations, field trips and social interaction. The University's Mantor Library is open to the public year-round and residents of Franklin County are welcome to use the library's internet access, browse its periodicals collection and make use of its other holdings and spaces, including its first-floor coffee bar. To learn more, visit famington.edu.



## MT. Blue CAMPUS

Mt. Blue Campus provides students and adults in the Greater Franklin County area with a facility that meets the needs of all learners. Featured as a "community building," this complex is the location of many educational and civic events. The Mt. Blue Campus (MBC) houses three major organizations: Mt. Blue High School, Foster Career and Technical Education Center, and Adult Basic Education.

At Mt. Blue High School, students can participate in a variety of courses and offerings that meet the needs of their interests and pathways. Students can craft schedules that include career and technical education programs such as Composites or Pre-Engineering, dual enrollment college classes on the University of Maine at Farmington campus, as well as our high school core courses and electives. We strive to support students in creating a unique and integrated learning pathway through their secondary school experiences.

We are also proud of the abundance of co-curricular and extra-curricular offerings that enhance our students' learning experiences. Our celebrated music program touts the largest orchestra in the State of Maine, as well as several ensembles that provide students with the opportunity to showcase their talents beyond the classroom. Our many athletic opportunities allow students to choose individual and team sports experiences, and we



are proud to celebrate the success of our Nordic and Alpine ski programs, which have earned a record-setting number of state championships training and competing at our local Titcomb Mountain.

At Foster Career and Technical Education Center (Foster CTE Center), programs provide students with a hands-on, real-world approach to education. High school students can move seamlessly between their high school courses, college classes, and career pathway programs. The center offers 18 programs that range from Robotics, Composites Manufacturing, Biotechnology, Automotive Technology, Metal Fabrication, Certified Nursing Assistant to others in high demand occupations. Students have the opportunity to obtain state and national certifications as well as college credits. Qualifying students (Juniors/Seniors) have the opportunity to participate in the Bridge Academy Program which enables them to complete a full year of college credits upon graduation. Also integrated into all of our programs, is a school to work component to include internships, job shadows, and preapprenticeships that take place within our local business community. Students completing Foster CTE Center programs go on to post-secondary education and training or go directly into the workforce with the skills and certifications that give them a competitive advantage. Tours of our programs are available on the first Thursday of every month that school is in session. Please call our office to schedule a visit (207-778-3562).

The Franklin County Adult Education Program is an integral component of helping to meet the educational needs of our students and citizens in Franklin County. We provide programming from basic literacy to high school equivalency (HiSET) preparation and testing. We also prepare people to enter community colleges and universities through our successful College Transitions Program. We partner with the Franklin County Community College Network and work with local agencies and businesses in helping prepare adults with skills for the 21st-century work world. The workforce training program offers career and skill training. We have online class options, video conferencing capabilities, and technology programming. Additionally, we offer many certificate and enrichment classes to over 2000 residents in the community. For more information, visit our website or our Facebook page at rsd9.maineadulted.org or contact us at 207-778-3460.



# AREA EDUCATION

#### FRANKLIN COUNTY COMMUNITY COLLEGE NETWORK

165 Front Street, Farmington, ME 04938 www.franklinnetwork.org

Through a partnership with Central Maine Community College, higher educational opportunities for students in Franklin County are now readily available, uniquely positioned to fit the particular needs of local people.

**CARRABASSETT VALLEY ACADEMY** 3197 Carrabassett Drive, Carrabassett Valley, ME 04947

www.gocva.com

Carrabassett Valley Academy is more than a school. It's a way of life. Since 1982, CVA has offered a personalized and challenging opportunity for learning. A fully accredited coeducational boarding and day school with an extremely supportive culture as a world-leading snowboard and ski academy with programs that foster the aspirations of studentathletes by providing the opportunity to excel, both academically and athletically.

#### RSU 9

MT. BLUE REGIONAL SCHOOL DISTRICT 129 Seamon Road, Farmington, ME 04938 www.mtbluersd.org www.facebook.com/MBRSD Mt. Blue Regional School District is a comprehensive educational system serving preschool-12thgrade students from ten area communities. The district offers a diverse educational experience that blends engaging, high-quality academic programs with college, career and technical credentials, and internships.

**ACADEMY HILL SCHOOL** Grades 3-5 | Wilton 207-645-4488

G.D. CUSHING SCHOOL Grades PreK-2 | Wilton 207-645-2422

W.G. MALLETT SCHOOL Grades PreK-2 | Farmington 207-778-3529

CASCADE BROOK SCHOOL Grades 3-5 | Farmington 207-778-4821

CAPE COD HILL SCHOOL Grades PreK-5 | New Sharon 207-778-3031

MT. BLUE MIDDLE SCHOOL Grades 6-8 | Farmington 207-778-3511

MT. BLUE HIGH SCHOOL **FOSTER CTE** Grades 9-12 | Farmington 207-778-3561

#### **MSAD 59**

MT.ABRAM HIGH SCHOOL 1401 Rangeley Road Phillips, ME 04966 www.msad58.org

MSAD 58 is comprised of five towns: Phillips, Eustis, Avon, Kingfield, and Strong and encompasses several non-district towns and unorganized territories, spread over 500 square miles. There are four K-8 elementary schools and one high school serving students in grades 9-12. Mt. Abram High School opened in 1969 with the Roadrunner as its mascot.

KINGFIELD ELEMENTARY SCHOOL Grades K-8 | Kingfield 207-265-4132

PHILLIPS ELEMENTARY SCHOOL Grades K-8 |Phillips 207-639-2909

STRONG ELEMENTARY SCHOOL Grades K-8 | Strong 207-684-3521

MT.ABRAM HIGH SCHOOL Grades 9-12 | Salem Township 207-678-2701

#### **RSU 73**

31 Community Drive Jay, ME 04239 The consolidated Jay, Livermore and Livermore school system that includes Spruce Mountain High School, a class B school, was founded when Livermore Falls High School and Jay High School combined in 2012. The colors and mascot of Spruce





Mountain High School were chosen by students of Livermore Falls and Jay High Schools. The mascot, the Phoenix, symbolizes "rising from the ashes" of the two former schools. The name Spruce Mountain comes from the ski slope that for generations, students from both high schools have skied at, making it a very appropriate name for the school.

A \$1.8 million renovation of Spruce Mountain high and middle schools, and the community building, all in Jay, took place in the summer of 2013 to provide additional classrooms, bathrooms and offices. Also included are a larger cafeteria, a connector between the high and middle schools, and technology and handicapped-accessibility updates.

SPRUCE MOUNTAIN HIGH SCHOOL Grades 9-12 | Jay 207-897-4336

SPRUCE MOUNTAIN MIDDLE SCHOOL Grades 6-8 | Jay 207-897-4319

LIVERMORE ELEMENTARY SCHOOL Grades PreK-5 | Livermore 207-897-3355

JAY ELEMENTARY SCHOOL Grades K-5 | Jay 207-897-5719

#### **RSU 78**

43 Mendolia Road Rangeley, Maine 04970 www.rlrs.org

The Rangeley Lakes Regional School is located in the picturesque mountains and lake region of western Maine. RSU #78 includes the towns of Dallas Plantation, Magalloway Plantation, Rangeley, Rangeley Plantation and Sandy River Plantation. Rangeley Lakes Regional School is home to students in grades kindergarten through grade 12, all under one roof. This unique facility provides for a close-knit, nurturing and supportive environment for students to grow, learn and develop to their fullest potential.

RANGELEY LAKES REGIONAL SCHOOL Grades K-12 | Rangeley 207-864-3311

# LIBRARIES

CARRABASSETT VALLEY LIBRARY

1234 Carrabassett Drive

**FARMINGTON PUBLIC LIBRARY** 

117 Academy Street www.farmington.lib.me.us

**FRANKLIN COUNTY COURT HOUSE LAW LIBRARY** 

140 Main Street, Farmington

**JAY-NILES MEMORIAL LIBRARY** 

983 Main Street, North Jay

JIM DITZLER MEMORIAL LIBRARY

37 Library Road, New Sharon www.newsharon.lib.me.us

**NEW VINEYARD PUBLIC LIBRARY** 

20 Lake Street

**PHILLIPS PUBLIC LIBRARY** 

96 Main Street www.phillips.lib.me.us

**RANGELEY PUBLIC LIBRARY** 

7 Lake Street www.rangeleyme.com/library

**STRATTON PUBLIC LIBRARY** 

88 Main Street www.stratton.lib.me.us

STRONG PUBLIC LIBRARY

14 S. Main Street

**WEBSTER FREE LIBRARY** 

22 Depot Street, Kingfield

**WELD PUBLIC LIBRARY** 

25 Church Street

WILTON FREE PUBLIC LIBRARY

6 Goodspeed Street www.wilton-free.lib.me.us















The expanded lineup of Farmington Farmers' Market Association vendors for the 2021 season is an exciting prospect for local market customers. From the farms of all our members right to the plates on your table, there is something to interest everyone at our farmers' markets!

Our two markets are happening every week from May through October right downtown - Fridays from 10am - 1pm down on Front Street across from the Better Living Center, and Saturdays from 9am - 12pm on Main Street in the District Courthouse parking lot. Visit on both days to browse different vendor offerings of fresh vegetables and fruits, jams and preserves, soaps and lotions, plants, herbs, art, and artisan works - all grown and made right here in our own western Maine com-

All our market members feel very proud to help fulfill the purpose of the Farmington Farmers' Market by providing the people of the Western Maine Mountain Region with the ability to purchase a variety of high-quality, locally grown and produced foods. We also want the public to know that we have adopted safety guidelines and operation standards for our market and for our members which we hope will help inspire public confidence in the concept of farmers' markets, especially during these challenging times.

The Farmington Farmers' Markets also help to strengthen the local farm economy and the viability of small-scale family farms by giving our members the ability to offer their retail products directly to local customers. These important connections between market members and market-goers also help everyone in our community continue to foster an appreciation for Maine's rural resources.

Check out all of our farms' descriptions and links on the adjacent page!













Photos courtesy of Farmington Farmers Market Association

#### **Cedar Post Farm**

Cedar Post Farm is at our market greeting customers almost every week of every season! They raise and sell beef, pork, lamb, and they grow a wide variety of fresh vegetables. They also offer a variety of uniquely-scented and beautiful soaps made with milk from their own goats! - as well as body butters and lotions.

www.cedarpostfarmmaine.com

#### Fairbanks Farmstand and Nursery

Fairbanks Farmstand and Nursery is one of our new members this year, bringing fresh vegetables and live nursery plants to the Friday market this summer. "Our goal at Fairbanks Farmstand is to provide super fresh and nutrient dense fruits and vegetables to our local community. We grow using regenerative, no-till and natural farming methods. We are also developing our plant nursery - Plants with Purpose! This year we will offer veggie starts, herbs, annual flowers and perennials at market. www.fairbanksfarmstand.com

#### Khadighar Farm

Khadighar Farm is a new market member with a huge following and a sharp focus on enhancing community self-reliance in food and energy. All of their products are grown veganically using organic methods and without use of manure or other livestock inputs. They will be offering seasonal produce including berries, corn, apples, and other fresh vegetables this year mostly at our Friday market, starting in June. www.scatterseedproject.org

#### King & I Angus/King & I Bakery

The King & I Angus offers USDA 100% Black Angus All Natural Beef, which is flash frozen and CryoVaced for best flavor - try a steak or a roast today to taste the difference! The King & I Bakery offers some of our market's favorite bakery staples and treats, including delicious English muffins, cookies, granola, and whoopee pies. www.facebook.com/King-I-Angus-184185241597757/

#### LoveGrown Agricultural Research LLC/The Cabin Bakery

LoveGrown offers certified organic hemp flower and all-natural hemp flower products including oils, salves, teas, tinctures, and Maine's first certified organic CBD-rich body balm, The Bee's Knees. They also craft small-batch herbal apothecary products as well as fresh/dried herbs and flowers. The Cabin Bakery is an extension of their farm stand herbal shop, offering botanicallyinspired cakes and baked goods. www.lovegrownhemp.com

#### **Ora Breads**

Ora Breads is a volunteer baking guild providing good bread to the local community. We welcome members from throughout the community to join us in the process of baking and working together to "feed the hungry" in Franklin County. Offering freshly-baked breads including sourdough and many others at every other Saturday market (2nd and 4th weeks) all this summer, starting May 29th! www.facebook.com/orabreads

#### Rasmussen Farm

Rasmussen Farm, in Freeman Township, has been active in Farmington's farmers' markets since 2008. They grow Wild Woman salad mix and other greens, mixed vegetables, herbs, raspberries, wild & cultivated blueberries, other fruit, and flowers. They also offer baked goods, frozen vegetables, and other prepared foods from their commercial kitchen.

www.westernmainemarket.com

#### **Rustic Roots Farm**

Established in 2013, Rustic Roots Farm is a small-scale farm in Farmington, Maine producing a wide variety of mixed vegetables. Our farm share membership serves local people who want fresh, healthy, farm grown produce for 20 weeks each season. We also offer our produce to the community at the Farmington Farmers' Market on Saturdays during the growing season! www.rusticrootsfarm.org

#### Trudy's Garden LLC

Trudy's Garden is a new market member, having been in business for one year now, and is planning on coming to join our lineup of market vegetable vendors mainly on Saturdays during the peak of the growing season. Their focus is on producing healthy vegetables for the community and sharing their prolific garden beyond their own family and friends this year.

#### Uprooted LLC

Uprooted LLC is another new market member this year whose operation is on a historic 45-acre farm in Starks. This season they are cultivating intensively yet sustainably for farmer's markets, CSA boxes and wholesale customers. Their primary focus is on bringing high quality, justharvested produce to market and they plan to bring a variety of fresh vegetables in season to the Saturday market, starting in late spring! www.uprootedmaine.com

#### Walnut Ridge Farm

Walnut Ridge Farm is a family operated dairy goat farm, with a small closed herd that is milked by hand. They make small batch Chevre cheese and beautiful handcrafted soaps and also offer goat milk, heirloom sprouts, and all natural raised eggs. www.facebook.com/Walnutridgefarm2

#### Whitehill Farm

Whitehill Farm is a longtime member of our market, offering certified organic seedlings (tomatoes are their specialty and they are famous for their heirloom varieties!) as well as heirloom seeds, vegetables and fruits, live plants and arrangements, handcrafted items, dried and fresh herbs, herb mixes, teas, fruit and herb-infused vinegars, jams, jellies, preserves, condiments, pickles, relishes, edible flowers, hearty baked goods, and non-GMO/free-range/farm-fresh eggs. www.facebook.com/whitehillfarm

#### Wonderland Farm Market

Wonderland Farm Market is a purveyor of all things cozy and delicious! From seasonal cookery to small batch tea blends, sustainably dyed yarn, hand printed home goods and floral, herbal and tea based bath and beauty products, we seek to transport you into a fantastical world of delights. Located in the lakes and mountains region of western Maine. www.wonderlandfarmmarket.com











## EVENTS, FARS & FESTIVALS

## **JUNE**

#### FARMINGTON'S FARMERS' MARKET

Fridays, 10 a.m. to 1 p.m., across Front St. from the Better Living Center, 198 Front Street. Saturdays, 9 a.m. to noon, District Court house parking lot, 129 Main Street.

#### THE ALDEN MACDONALD JUNIOR GOLF **PROGRAM**

June 6, Sugarloaf

Hosting three age groups ranging from 5-18, classes take place Sundays and Wednesdays throughout the season. FMI: www.sugarloaf.com

#### MEG'S SECRET GARDEN SHOW

June 6, 156 Middle Street, Farmington Backyard concert series featuring local musicians (Opener) Samantha & Sara Taylor, (Headliner) Rhys Simpson. Tickets are \$20, kids under 12 are free. FMI: www.thewarehouseevents207.com

#### MEG'S SECRET GARDEN SHOW

June 13, 156 Middle Street, Farmington Backyard concert series featuring local band Invite the Wild. Tickets are \$20, kids under 12 are free. FMI: www.thewarehouseevents207.com

#### LUPINE FESTIVAL

June 19, Outdoor Heritage Museum A fun-filled day on the grounds of the museum with over 35 vendor booths offering art, antiques and crafts. Sponsored by the Rangeley Lakes Historical Society. FMI: 207-864-3091 or www.outdoorheritagemuseum.org

#### SUMMER SOLSTICE YOGA FESTIVAL

June 20, Sat Manay Yoga Ashram - Farmington Celebrate the light by diving into Yoga. An allday event of inspiring intensives, illuminating discourse, uplifting ceremony, incredible food and live music, all in an idyllic mountain setting! FMI: www.satmanavyogaashram.com

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#### MEG'S SECRET GARDEN SHOW

June 20 & 27, 156 Middle Street, Farmington Backyard concert series featuring local musicians Laruen Crosby (6/20) and Lindsay Mower (6/27). Tickets are \$20, kids under 12 are free. FMI: www.thewarehouseevents207.com

#### THE TITCOMB SKI CLUB EDUCATIONAL FOUNDATION ANNUAL GOLF TOURNAMENT

June 21, Sugarloaf

This tournament funds for scholarships and learn to ski programs at Titcomb Mountain. MEG'S SECRET GARDEN SHOW

June 27, 156 Middle Street, Farmington Backyard concert series featuring local musician Lindsay Mower. Tickets are \$20, kids under 12 are free. FMI: www.thewarehouseevents207.com

## **JULY**

#### FRANKLIN COMMUNITY HEALTH NETWORK'S ANNUAL HEALTHCARE GOLF CLASSIC

July 12, Sugarloaf

Proceeds proceeds benefit the Healthy Community Coalition of Greater Franklin County and the Martha B. Webber Breast Care Center.

#### MAINE FORESTRY MUSEUM'S ANNUAL **FESTIVAL AND PARADE**

July 15-17 Rangeley

Festival includes a Lumber Jack and Jill competition as well as a Miss and Mr. Wood Chip Contest and Logger's Hall of Fame. Saturday's parade is on Main Street. FMI: www.rangeleymaine.com

#### KINGFIELD FESTIVAL DAYS

July 16 - 18, Kingfield

This weekend long event brings thousands of people to Kingfield for family fun. The weekend includes a parade, river activities, kids games, plenty of music, tradition, contests, great food and much more. Kingfield Days is held annually the third weekend in July.

FMI: www.kingfield.me/events

#### CARRABASSETT BACKCOUNTRY CYCLE CHALLENGE

July 17, Carrabassett Valley

The Town of Carrabassett Valley, Maine invites you to participate in the 10th running of the Carrabassett Backcountry Cycle Challenge, a mountain bike endurance event. Participation supports CRNEMBA trail maintenance, and development and kid's mountain bike programs. FMI: www.cbccrace.com

#### SUMMER FEST

July 24, Downtown Farmington Recognizing our Downtown businesses as a reminder to our community how vital they are to our local economy.

#### MAINE OPEN FARM DAY

July 25, Statewide

Maine Open Farm Day is an annual family fun adventure in which farms throughout all 16 counties open their gates to offer the public an opportunity to learn about the business of agriculture and visit local farms throughout the state. Many farms will have demonstrations, displays, farm-raised products for sale, barn and field tours, milking, hay rides, petting zoos, nature trails, beautiful scenery, samples for tasting and refreshments. FMI: 207-287-7620

#### YOGA FESTIVAL

July 25, Sat Manav Yoga Ashram - Farmington With Yoga Intensives, insightful discussion, ancient ceremony and incredible vegan fare, everything about this day celebrates all that Yoga has to offer the world, a true and defined path to fulfillment! A day of inspiring intensives, illuminating discourse, uplifting ceremony, incredible food and live music... all in an idyllic mountain setting! All day event celebrating Yogic Living.

FMI: www.satmanavyogaashram.com

#### MEG'S SECRET GARDEN SHOW

July 18 & 25, 156 Middle Street, Farmington Backyard concert series featuring local musician The Only Hope Band (7/18) and Shannon (7/25). Tickets are \$20, kids under 12 are free. FMI: www.thewarehouseevents207.com

### **AUGUST**

#### MEG'S SECRET GARDEN SHOW

August 8, 22, & 29, 156 Middle Street, Farmington Backyard concert series featuring local musicians Rhys Simpson (8/8), Shannon (8/15), Natural High Jumble (8/22), Cadagan (8/29). Tickets are \$20, kids under 12 are free.

FMI: www.thewarehouseevents207.com

#### NEW ENGLAND MOUNTAIN BIKING ASSOCIATION'S WOMEN'S\* SUMMIT

August 13-14, Sugarloaf Join us at the New England Mountain Biking Association's Women's Summit 2020. We are a strong, supportive network of women in all levels of the sport, from beginners to downhill racers, and beyond! \*Including trans, intersex, gender-fluid and nonbinary individuals.

FMI: www.nemba.org/womens-summit

#### **CAMP SUNSHINE RIDE 2021**

August 14

This is L-A Harley-Davidson's biggest ride of the year! This ride starts at L-A Harley-Davidson, travels through Farmington, and finishes at Sugarloaf Mountain for music and food at The Rack. FMI: www.l-aharley.com/events

WILTON LIONS CLUB GIANTYARD SALE August 20, 21, 22, Wilton (Next to The Big Apple) Hidden treasures abound at this fantastic yard sale which raises funds for local community. Fri & Sat 8am-4pm, Sun 8-noon. FMI: Bruce 207-645-2727

#### **OQUOSSOC DAY**

August 21, Oquossoc

The Village of Oquossoc Celebrates! Over 30 vendors will be on the grounds of the Outdoor Heritage Museum for our annual Art, Crafts & Antique Show offering bargains on a wide variety of items. We will be offering discounts in our gift shop and special guests to be announced soon. FMI: 207-864-3091

AMERICAN JUNIOR GOLF ASSOCIATION · QUALIFIER - COCA-COLA JUNIOR CHAMPIONSHIP

August 23-26, Sugarloaf Coca-cola Junior Golf Championship at Sugarloaf Golf Course presented by Junior Golf Hub. FMI: www.ajga.org/schedule/2021







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#### YOGA FESTIVAL

August 22, Sat Manav Yoga Ashram -Farmington

Celebrate life by diving into Yoga. An allday event of inspiring intensives, illuminating discourse, uplifting ceremony, incredible food and live music, all in an idyllic mountain setting! FMI: www.satmanavyogaashram.com

### **SEPTEMBER**

19TH ANNUAL FRANKLIN COUNTY CHAMBER AND SETH WESCOTT GOLF CLASSIC

September 10, Sugarloaf Golf Course Join the Franklin County Chamber of Commerce and Seth Westcott for a day of golf that includes teeing off on one of Maine's best golf courses, food, and a silent auction. Proceeds are split between the Franklin County Chamber of Commerce Scholarship Program and Seth Wescott's Level Field Fund. FMI: www.franklincountymaine.org

#### PIE AND ARTS FESTIVAL

September 11, 290 Norlands Road, Livermore Held at the Washburn Norlands, a seasonal celebration of pies! FMI: www.norlands.org

#### YOGA FESTIVAL

September 19, Sat Manay Yoga Ashram -

#### Farmington

Celebrate life by diving into Yoga. An allday event of inspiring intensives, illuminating discourse, uplifting ceremony, incredible food and live music, all in an idyllic mountain setting! FMI: www.satmanavyogaashram.com

#### **FARMINGTON FAIR**

September 19 - 25, Farmington Event includes a large midway, exhibit halls, livestock exhibits, animal pulling events, rides, and harness racing will be held at the Farmington Fairgrounds on High Street in Farmington. FMI: 207-778-6083 or www.farmingtonfairmaine.com or

### **OCTOBER**

#### **RALLY FOR NORLANDS**

Oct 9 & 10, 290 Norlands Road, Livermore Maine's largest Civil War Living History Weekend Hands-on history activities are for all ages. Visit civilian and infantry encampments, enjoy horse-drawn wagon rides, blacksmithing demonstrations, one-room schoolhouse programs, tours of the Washburn family mansion, storytelling, a gala country dance, and more. FMI: www.norlands.org

#### YOGA FESTIVAL

Oct 10, Sat Manav Yoga Ashram - Farmington With Yoga Intensives, insightful discussion, ancient ceremony and incredible vegan fare, everything about this day celebrates all that Yoga has to offer the world, a true and defined path to fulfillment! A day of inspiring intensives, illuminating discourse, uplifting ceremony, incredible food and live music... all in an idyllic mountain setting! All day event celebrating Yogic Living.

FMI: www.satmanavyogaashram.com

#### **FARMINGTON FRIGHT NIGHTS**

October 29-31, Farmington Join us for this mind blowing, never before seen Halloween event! Fri and Sat nights, October 2021! FMI: www.lokisworkshopllc. wixsite.

## **NOVEMBER**

#### **EARLY BIRD SATURDAY**

November 6, Downtown Farmington Shop local for the Holidays! Many businesses will be offering sales and discounts on this day.

#### YOGA FESTIVAL

November 7, Sat Manay Yoga Ashram -Farmington



With Yoga Intensives, insightful discussion, ancient ceremony and incredible vegan fare, everything about this day celebrates all that Yoga has to offer the world, a true and defined path to fulfillment! All day event celebrating Yogic Living.

FMI: www.satmanavyogaashram.com

#### SMALL BUSINESS SATURDAY

November 27

In the age of Black Friday and Cyber Monday, it's easy to skip over the mom-and-pop shop for the big box store or online retailer, but there's good cause to keep our neighborhood shops in business, and that's what Small Business Saturday is all about.

## **DECEMBER**

#### **CHESTER GREENWOOD DAY**

December 4, Farmington

The first Saturday in December marks this annual celebration in downtown Farmington. The day's events include a parade with earmuffs showcased on all of the floats, special sales at downtown businesses, a dip on Clearwater Lake by the local Polar Bear Club, gingerbread contest and more. The Taste of Farmington event held in the afternoon is an opportunity to enjoy samples from local eateries. FMI: www.franklincountymaine.org

#### **FESTIVAL OF TREES**

December 4, Farmington

The Festival of Trees is a fundraiser by the Farmington Rotary Club when area businesses decorate Christmas trees to donate for auction. Trees are viewable from noon to 6pm with the auction beginning at 6pm.

#### CHRISTMAS AT NORLANDS

December 11. Norlands Road, Livermore Celebrate an old-fashioned Christmas in the 19th century. Activities include wagon rides, period crafts, one-room schoolhouse, storytelling, parlor games, cooking in the farmer's cottage, and tours of the decorated Washburn family mansion.

FMI: www.norlands.org

#### YOGA FESTIVAL

December 19, Sat Manav Yoga Ashram -**Farmington** 

All day event celebrating Yogic Living. Yoga Intensives, insightful discussion, ancient ceremony and incredible vegan fare, everything about this day celebrates all that Yoga has to offer the world, a true and defined path to fulfillment!

FMI: www.satmanavyogaashram.com

## JANUARY 2020

RANGELEY SNOWMOBILE SNOWDEO

January 23, Rangeley

A weekend festivity of snowmobile tricks, a chili & chowder cook-off, snowmobile demo rides, family rides, radar run, poker run, displays and vendors, children's activities, canoe sleigh rides, parade, and fireworks!

#### SUGARLOAF SUMMIT SNOWSHOE SHUFFLE Carrabassett Valley

A charity event to benefit the Maine Cancer Foundation and Martha B. Webber Breast Care Center, the shuffle route is an hour-long, gentle route through trails at the Sugarloaf Outdoor









# DRECTORY

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#### WILSON LAKE INN

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207-783-9111 www.austinpa.com Two Great Falls Plaza Suite 5 Auburn, ME 04210

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207-491-5443 www.facebook.com/blackacres.farm 123 Black Rd. Wilton, ME 04294

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## FRANKLIN COUNTY AGRICULTURAL SOCIETY

207-778-6083 www.farmingtonfairmaine.com 292 High St. Farmington, ME 04938

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207-778-2368 www.facebook.com/ConifersUnlimited-ChristmasTreeFarm 263 Cowen Hill Rd. Farmington, ME 04938

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#### **DALLAS PLANTATION**

#### **EUSTIS/STRATTON**

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#### **INDUSTRY**

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340 Main Street | 207-897-6785 www.jay-maine.org

#### **KINGFIELD**

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#### **NEW VINEYARD**

20 Lake Street | 207-652-2222

#### **PHILLIPS**

15 Russell Street | 207-639-3561

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15 School Street | 207-864-3326

#### **RANGELEY PLANTATION**

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14 South Main Street | 207-684-4002

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7 School Street | 207-585-2348 www.weld-maine.org

158 Weld Road | 207-645-4961

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www.mainehealth.org/franklin-community-healthnetwork/ways-to-give/the-auxiliary 25 Pleasant View Hts. Wilton, ME 04294

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207-645-3716 www.friendsofwilsonlake.org P.O. Box 560 Wilton, ME 04294

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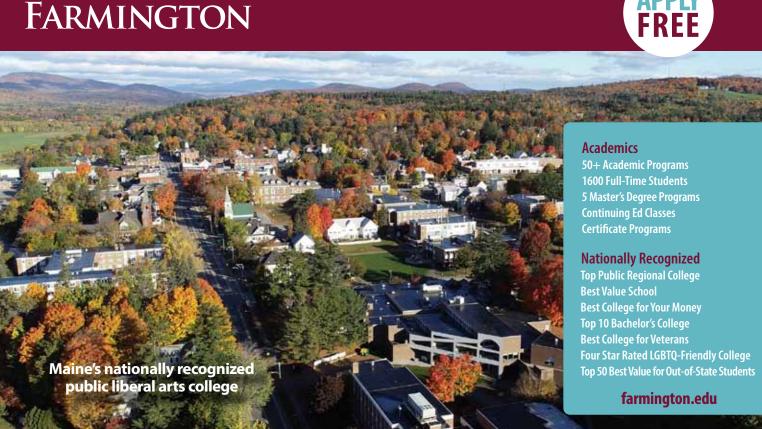
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