



**AZIMUT**  
prosciutto  
scrambled egg  
provolone  
portuguese roll  
\$7

**BÉNÉTEAU**  
ham  
egg  
swiss cheese  
spinach  
onion jam  
croissant  
\$6.50

**VIKING**  
shaved steak  
runny egg  
provolone  
caramelized onions  
charred jalapeños  
garlic aioli  
hard roll  
\$9.75

**FORMULA**

bacon  
egg  
american cheese  
hard roll  
\$4.50

**BERTRAM**

bacon  
egg  
american cheese  
spinach  
tomato jam  
multi grain toast  
\$6.50

**PURSUIT**

sausage  
egg  
american cheese  
hard roll  
\$4.50

**HATTERAS**

bacon  
scrambled eggs  
cheddar cheese  
potato hash  
mikes hot honey  
jumbo english muffin  
\$6.50

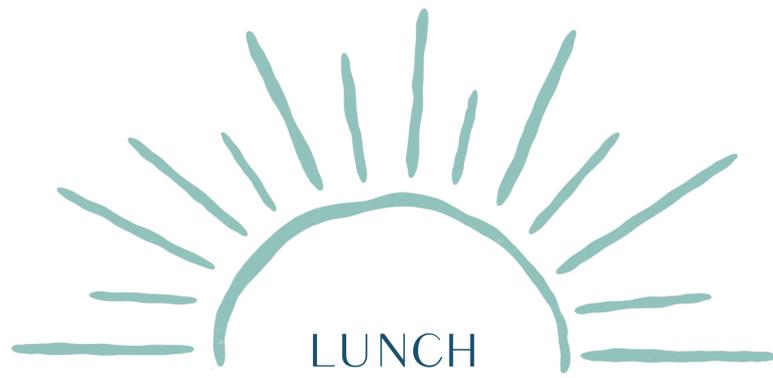
**CHRIS·CRAFT**  
bacon  
scrambled eggs  
goat cheese  
roasted red pepper  
avocado smash  
everything bagel  
\$7

**GRADY WHITE**  
egg whites  
feta cheese  
roasted red peppers  
sautéed spinach  
whole wheat wrap  
\$6.50

**CABO**  
sausage  
scrambled egg  
pepper jack  
pico de gallo  
avocado  
potato hash  
white wrap  
\$8

BREAD OPTIONS  
• HARD ROLL • SOURDOUGH • CROISSANT • 3-GRAIN ROLL • MULTI GRAIN  
• PORTUGUESE ROLL • JUMBO ENGLISH MUFFIN • WHITE WRAP •  
• WHOLE WHEAT WRAP • SPINACH WRAP • BAGUETTE • FOCACCIA • RYE •  
• GLUTEN FREE BREAD •  
BAGELS: PLAIN • EVERYTHING • WHOLE WHEAT •  
• POPPY SEED • SESAME SEED • FLAGEL •

48 CALF PASTURE BEACH RD, NORWALK, CT 06855  
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**BETTS**  
 grilled chicken  
 melted mozzarella  
 sundried tomato spread  
 olive oil drizzle  
 arugula  
 sourdough  
 \$12.95

**SHEFFIELD**  
 turkey  
 provolone  
 bacon  
 avocado smash  
 lettuce  
 tomato  
 red pepper hummus  
 multi grain  
 \$10.50

**SHERWOOD**  
 roast beef  
 muenster cheese  
 caramelized onions  
 garlic aioli  
 arugula  
 sourdough  
 \$12.95

**COCKENOE**  
 prosciutto  
 goat cheese  
 arugula  
 jalapeño jam  
 balsamic glaze  
 italian bread  
 \$12.95

**CHIMONS**  
 chicken cutlet tossed  
 in buffalo sauce  
 american cheese  
 lettuce  
 bacon  
 ranch or blue cheese  
 hard roll  
 \$10

**L'HAMMOCK**  
 grilled chicken  
 cheddar  
 avocado  
 shaved lettuce  
 cherry tomatoes  
 bacon  
 chipotle ranch  
 white wrap  
 \$10.50

**MANRESA**  
 salami  
 pepperoni  
 ham  
 prosciutto  
 provolone  
 pepperoncini  
 lettuce  
 oil & vinegar  
 grinder  
 \$12.50

**TAVERN**  
 chicken cutlet  
 fresh mozzarella  
 roasted red pepper  
 pesto  
 balsamic glaze  
 three-grain roll  
 \$12

**LITTLE TAVERN**  
 fresh mozzarella  
 tomato  
 basil  
 pesto  
 sundried tomato spread  
 balsamic glaze  
 baguette  
 \$10

**CALF PASTURE**  
 shaved steak  
 provolone  
 sautéed sweet &  
 spicy peppers  
 caramelized onions  
 garlic aioli  
 grinder  
 \$10

**GRASSY**  
 herbed goat cheese  
 cucumber  
 avocado  
 sprouts  
 bibb lettuce  
 multi grain  
 \$10

**ZIEGLERS**  
 sautéed veggies  
 (peppers, onions,  
 broccoli, zucchini  
 brussel sprouts)  
 teriyaki glaze  
 shaved carrots  
 baguette  
 \$10